PRINCE HARRY'S RESOLUTION: 'I WOULD LIKE MY BROTHER BACK'

HELL
CANA
No 854 • 16 JANUARY 2023

INSIDE THE ROYAL YEAR AHEAD + PULL-OUT POSTER!

1929 - 2022

BARBARA WALTERS

FEARLESS, FUNNY AND FABULOUS

'She always made me cry during interviews, and I'm crying now' - *BETTE MIDLER*

EXCLUSIVE

AT HOME IN B.C.

DAVID SUZUKI

SHARES HIS LOVE STORY WITH WIFE TARA

EXCLUSIVE

DREW BARRYMORE

'I'M JUST ANOTHER PARENT TRYING TO DO THE BEST I CAN'

PLUS HOW CELINE DION'S 'PRECIOUS CHILDREN' HELP HER STAY POSITIVE

VISIT…

LANZAROTE
Caliente.com

HELLO!
CANADA

THIS WEEK

FEATURES

4 **EXCLUSIVE DAVID SUZUKI** Canada's renowned broadcaster opens up about love, life and retirement as we tour his Vancouver home

12 **CELINE DION** The singer's heartfelt message on her road to recovery

14 **PRINCE HARRY** As his tell-all memoir hits bookshelves, Princess Diana's astrologer weighs in on what's in store for the father of two

17 **KIM KARDASHIAN** Reveals her co-parenting challenges with ex-husband Kanye West

20 **KING CHARLES** The new monarch leads the Royal Family's annual Yuletide walkabout and delivers his first Christmas speech

26 **SPECIAL REPORT THE ROYAL YEAR AHEAD** From birthdays and garden parties to the King's Coronation, 2023 will be an exciting time for Britain's Royal Family **Plus** It's a walk in the park for William, Kate and their three children in our special pull-out poster

40 **QUEEN MARGRETHE OF DENMARK** Puts controversy aside as new family portraits are unveiled

41 **WILLIAM ROACHE** *Coronation Street*'s longest-serving actor jokes with King Charles at his investiture ceremony

42 **TRIBUTE BARBARA WALTERS** Famous friends remember the trailblazing journalist and mom of one who passed away at age 93

52 **EXCLUSIVE DREW BARRYMORE** Talking kitchen elegance and date-night dishes with the sassy TV host, cookbook author and mom of two

REGULARS

18 **INSIDE STORY** Up close with the stars

45 **7 DAYS** Celebrity news in brief

46 **HOLLYWOOD SCENE** Lights, camera, action!

48 **HOROSCOPES** Predictions from Oscar Cainer

49 **PUZZLES** Crossword and sudoku

50 **WORLD IN PICTURES** Weird and wonderful photos

STYLE & LIVING

58 **SHOPPING** Get cozy in the latest loungewear

60 **WELLNESS** Reset your sleep cycle this year!

62 **HOME** Décor accents to keep you snug all winter long

67 **FOOD** Healthy big-batch cooking

70 **EXCLUSIVE CULTURE** Catching up with *The Old Way* star Nicolas Cage **Plus** What's new in movies, books and more

72 **TRAVEL** Jammin' in Jamaica

74 **LAST WORD** *Run the Burbs* star Andrew Phung

CLOCKWISE FROM TOP LEFT: SAMIR HUSSEIN/GETTY IMAGES; POOYA NABEI; GRAYDON HERRIOTT

CLOCKWISE FROM TOP LEFT: LOU ROCCO/GETTY IMAGES; CARLO MENDOZA; CHRIS JACKSON/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES; MAX MUMBY/GETTY IMAGES; ISTOCK; NETFLIX

The *Hello! Canada* team (from left): Laura Northmore, Leanne Gilbert, Kaysey Davis, Suzanne Wintrob, Andrea Karr, Alison Eastwood, Marko Popovic, Shanda Deziel, Kristine Ryall, Michael Killingsworth, Corinna Reeves and Zachary Harper.

editor's letter

Happy New Year from *Hello! Canada*! To usher in 2023, we've gathered for a group photo so that you can see the faces behind your favourite magazine. ("Rarely seen photos" are one of *Hello!*'s signatures, and this is a rare image indeed, with most of the team preferring to stay firmly behind the scenes while giving the glory to the stars we celebrate each week.)

This issue's theme is family and togetherness, kicking off with a photoshoot at the B.C. home of Canadian TV legend David Suzuki, whose 50-year love story with wife Tara will bring a tear to your eye. Hollywood darling Drew Barrymore chats to us about the joy of cooking with her two daughters. And we celebrate the life of iconic journalist Barbara Walters, who cherished her only daughter and longed to be remembered "as a good and loving mother."

We also have have all the best photos from the Royal Family's first Sandringham Christmas without the Queen. We missed seeing the Duke and Duchess of Sussex, whose last appearance was in 2018. This week, though, we glean insight from Princess Diana's astrologer about Prince Harry's year ahead and recap the docuseries *Harry & Meghan*. If you haven't seen it yet, keep an eye out for a clip of the then-*Suits* actress chatting with *Hello! Canada* in 2015. (We never expected we'd become Netflix stars, but of course we're trying to stay humble!)

Will this year mark a rapprochement between Harry and his older brother? We certainly hope so. Meanwhile, we've mapped out a calendar for you featuring all the most anticipated royal occasions. We can't wait to see how the year unfolds!

Sincerely,

Alison

Alison Eastwood, Editor-in-Chief

EDITOR-IN-CHIEF
Alison Eastwood

CREATIVE DIRECTOR Marko Popovic
DEPUTY EDITOR Shanda Deziel
PHOTO DIRECTOR Kristine Ryall
DEPUTY ART DIRECTOR Laura Northmore
ASSOCIATE PHOTO EDITOR Anna Costa
ASSOCIATE ART DIRECTOR Leanne Gilbert

FASHION & BEAUTY EDITOR (ON LEAVE) Julia McEwen
ACTING FASHION & BEAUTY EDITOR Andrea Karr
ASSOCIATE EDITOR (ON LEAVE) Bianca Teixeira
STAFF WRITER Sarah Trumbley

ASSISTANT FASHION & BEAUTY EDITOR Kaysey Davis
SOCIAL EDITOR Russ Martin

DIGITAL COLOUR SPECIALISTS Spencer Blackwood, Nicole Duplantis, Drew Maynard

EDITORIAL DIRECTOR, INTERNATIONAL Isabelle de Courson

CONTRIBUTING EDITORS Michael Killingsworth, Suzanne Wintrob

CONTRIBUTORS Michael Barclay, Dagmar Dunlevy, Amanda Ghazale Aziz, Shauna Narbonne, George Pimentel, Corinna Reeves

PRODUCTION MANAGER Caroline Potter

ST. JOSEPH COMMUNICATIONS
CHAIRMAN & CEO Tony Gagliano
VICE-CHAIRMAN John Gagliano
SENIOR VICE-PRESIDENT, CONTENT & CREATIVE Maryam Sanati
SENIOR VICE-PRESIDENT, REVENUE, SJC MEDIA James McNab
VICE-PRESIDENT, BRANDED CONTENT & MARKETING Sasha Emmons
VICE-PRESIDENT, DIGITAL SOLUTIONS & BUSINESS DEVELOPMENT Jason Maghanoy
MANAGER, AUDIENCE DEVELOPMENT Zachary Harper
VICE-PRESIDENT, PRINT OPERATIONS Maria Mendes
SENIOR MANAGER, CONTENT OPERATIONS Pat Flynn

SJC Alliance for Audited Media vividata

HELLO! Canadian Edition is published weekly, except for occasional combined, expanded or premium issues, which count as two subscription issues, by St. Joseph Communications, under licence with Hola S.A. HELLO! trademark is the property of Hola S.A. All rights reserved. Republishing in whole or in part without permission is strictly prohibited. Editorial offices: 15 Benton Road, Toronto, Ontario M6M 3G2.

ISSN 1911-3110 HELLO! (Print). ISSN 1911-3129 (Online – hellomagazine.ca). Subscription price: $158.47 plus tax for one year within Canada.

To subscribe or renew your subscription, VISIT US ONLINE at hellomagazine.ca/service or email service@hellomagazine.ca. From time to time, other organizations may ask Hello! if they may send information about a product or service to some Hello! subscribers, by mail or email. If you do not wish to receive these messages, please contact us in any of the ways listed above.

Publications Mail Agreement No. 42494512. Undeliverable copies and changes of address notices should be sent to: HELLO! P.O. Box 875, Station Main, Alliston, Ontario L9R 1W1

Printed in Canada by St. Joseph Communications, Print.

SEE MORE OF YOUR FAVOURITE CELEBRITIES AND ROYALS AT HELLOMAGAZINE.CA
Instagram (HELLOCanadaMag) Facebook (HELLOCanadaMagazine) Twitter (@HelloCanada)

EXCLUSIVE INTERVIEW & PHOTOS

WELCOMING *HELLO!* TO HIS HOME IN BEAUTIFUL B.C.

DAVID SUZUKI

THE LEGENDARY BROADCASTER TALKS CHILDHOOD MEMORIES, 50 YEARS OF MARITAL BLISS AND WHAT RETIREMENT MEANS TO HIM

'I was really lucky,' David says of finding spouse Tara Cullis (together, above, outside their Vancouver home located just steps away from the beach, right). 'She's just an amazing human being.'

It's a typical December day when we arrive at David Suzuki's oceanfront home in Vancouver. The air is cool, the sky is grey and the ground is damp from rain. Inside, however, things feel warm and cozy.

"Did you get slippers yet?" David asks after opening the front door, and walks over to a shoe rack to grab an extra pair. "Here, take these," he says, adding with a laugh, "I think I stole them from a hotel."

The house, which he shares with his wife, writer and former Harvard University professor Tara Cullis, is as charming as its owner. It has a homey feel and is full of treasures that he's collected from around the world. "The most memorable things to me are things that have been given to me," says the Vancouver-born geneticist, 86, before showing off a few of his favourites. Pointing to what looks like an artfully painted wooden wall hanging, he explains that it's actually a birthing board that Aboriginal peoples in Australia use to carry their newborns on. "It was given to me by the premier of South Australia," he tells us. "I developed a very close relationship with him."

Then, turning his attention to another item of "great value" to him, David picks up a wooden stick that had been leaning against the wall. "This is a talking stick. It was given to me in Prince Rupert, B.C., at a meeting held by Indigenous peoples. When you hold this stick, everybody knows that you're

'The greatest achievement of my life was convincing Tara to spend the rest of her life with me'

speaking the truth. And I love that because it means there's no [B.S.]."

LIFE MILESTONES

In addition to the meaningful décor, David and Tara's home in Vancouver's scenic and laid-back Kitsilano neighbourhood is filled with love. In fact, they just celebrated their 50th wedding anniversary, marking the momentous occasion with a trip to Mexico, where they renewed their vows in front of their children and grandchildren. "Our granddaughter sang 'You Are My Sunshine,'" Tara, 73, reminisces with a smile.

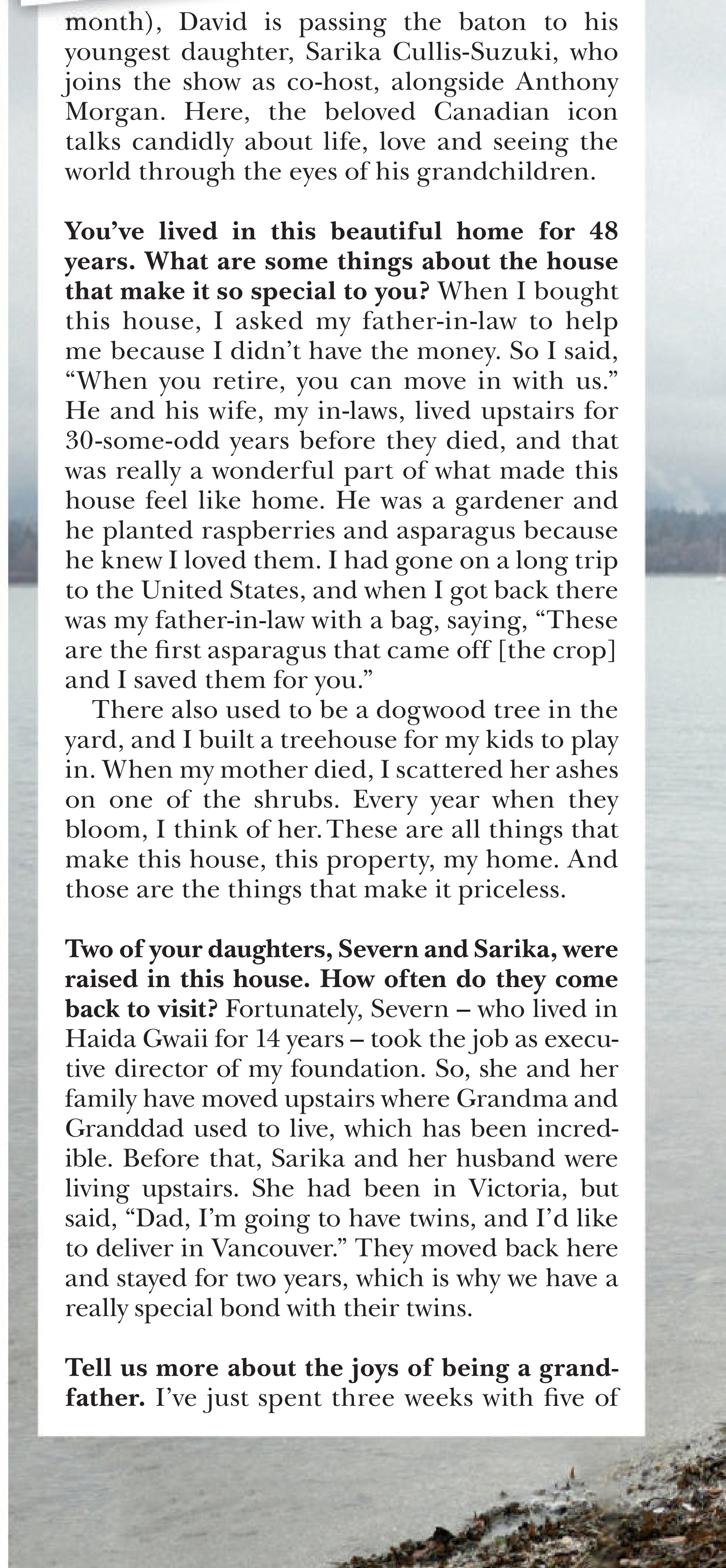
"It's so much fun, that's the main thing," she says later, looking back on her half-century with David. Over the years, the pair, who co-founded the David Suzuki Foundation together in 1990, have worked side-by-side in the fight against climate change. Last year, they even drove across Canada in an electric car in hopes of sparking conversations about the importance of low-carbon travel. "All of this hasn't been hard work all the time," says Tara. "It hasn't felt like something onerous that we have to do. Instead, we think, 'Oh, what's the next adventure?'"

There are many more adventures ahead for the fun-loving couple – especially since David is poised to retire from his day job as host of *The Nature of Things*. "I've been wanting to leave the show for years," admits the award-winning broadcaster, who joined the beloved CBC science docuseries in 1979. "It doesn't mean I'm retiring from life – I'm just retiring from this one job. I felt it was taking too much of my time away from doing other things."

The father of five and proud grandfather of 10 – David shares daughters Severn, 43, and Sarika, 38, with Tara, and also has three children, Troy, Tamiko and Laura, from his first marriage – is looking forward to focusing on the things that matter most: "my environmental activism and my family. Time is everything, and time is limited."

After his final season on *The Nature of Things* wraps (it premières this ▶

'I just feel connected to the ocean,' says David (taking a stroll on the beach, right). At 86, he attributes his good health to staying active. 'My grandchildren say, "Bompa, why are you going to the gym all the time?" And I say, "That's my medicine. I have to."'



month), David is passing the baton to his youngest daughter, Sarika Cullis-Suzuki, who joins the show as co-host, alongside Anthony Morgan. Here, the beloved Canadian icon talks candidly about life, love and seeing the world through the eyes of his grandchildren.

You've lived in this beautiful home for 48 years. What are some things about the house that make it so special to you? When I bought this house, I asked my father-in-law to help me because I didn't have the money. So I said, "When you retire, you can move in with us." He and his wife, my in-laws, lived upstairs for 30-some-odd years before they died, and that was really a wonderful part of what made this house feel like home. He was a gardener and he planted raspberries and asparagus because he knew I loved them. I had gone on a long trip to the United States, and when I got back there was my father-in-law with a bag, saying, "These are the first asparagus that came off [the crop] and I saved them for you."

There also used to be a dogwood tree in the yard, and I built a treehouse for my kids to play in. When my mother died, I scattered her ashes on one of the shrubs. Every year when they bloom, I think of her. These are all things that make this house, this property, my home. And those are the things that make it priceless.

Two of your daughters, Severn and Sarika, were raised in this house. How often do they come back to visit? Fortunately, Severn – who lived in Haida Gwaii for 14 years – took the job as executive director of my foundation. So, she and her family have moved upstairs where Grandma and Granddad used to live, which has been incredible. Before that, Sarika and her husband were living upstairs. She had been in Victoria, but said, "Dad, I'm going to have twins, and I'd like to deliver in Vancouver." They moved back here and stayed for two years, which is why we have a really special bond with their twins.

Tell us more about the joys of being a grandfather. I've just spent three weeks with five of

‘I love Vancouver. But rather than feeling like I’m a Vancouverite, I feel I’m a Kitsilanoite. There’s a sense of community here’

my grandchildren [in Mexico]. And the twins, who are five, both called when they got back home to Victoria, crying, “We want to be with you!” That was really quite moving. [*Smiles*]

The thing that’s great is I didn’t have this when I was in a full-blown career as a scientist. My first family paid a huge price because I was at the lab all the time. I’d just come home for dinner, bathe the kids and put them to bed, then I’d go back to the lab. There’s a lot of time I could have spent with them that I didn’t. But now, it’s been a joy because I have been able to have that time. Especially during the lockdown. We spent six months at our cabin with Sarika, her husband and their three children. And every day, rain or shine, out we went. The thing that was incredible is, at my age, having all these battles over the environment, I have seen forests disappear and the waters polluted and the fish aren’t there, so I’m really kind of cynical about the world. The kids don’t know that. So every time we’d go outside and they’d find a frog or a salamander, it was a whole discovery. I got to see the world through their eyes, and it still is magical. It only made me more determined to fight to protect that. I keep saying that was the happiest six months of my life because I had a job – it was being a grandpa.

You were in Mexico celebrating your 50th anniversary with Tara. How incredible! Can you share the story of how you two met? I was giving a lecture at Carleton University [in Ottawa], and she was a master’s student there. She says she was at the back of the room, but I thought she was at the front because I only saw her. It was like there was a spotlight on her. She was a very unusually beautiful woman. The interesting part of the story is in the middle of my talk – and I talked for about an hour and a half – I realized nobody was listening to me. Instead, everyone was looking toward the window, and outside there was a huge snowy owl. We were in the highest building on campus, and it was just hovering there looking in. My Indigenous family always says, “The owl came to tell you.” It was an amazing thing.

At the end of the talk, there’s always a group of people who come down to ask questions. And what caught my attention was I had a sandwich that I’d been eating and I said, “I can’t finish the sandwich, anybody want it?” Tara grabbed it! [*Laughs*] As far as I was concerned, she was the whole focus of the conversation. Then [before I left], I said, “I hope everybody is going to come to this party tonight.” I didn’t say where, what time or anything. I just made that announcement. And she took it as an invitation and figured out where I’d be. [*Smiles*] That was it, we were married on the first anniversary of the day we met. It was meant to be.

What were the early days of your marriage like? When we first got married, I had my arm candy. [*Smiles*] I was just happy to, ▶

‘There were 400 people packed into this room, but I only saw her’

After 50 years of marriage, David and Tara are still ‘happy as clams’ (bottom right, sharing a laugh over a cup of coffee). Top right: The two (standing in front of an Australian birthing board) gaze outside the window in hopes of catching a glimpse at one of the neighbourhood hummingbirds.

you know, take her around. But a year later, she said, "David, I love being your wife, but I really need to fulfill my academic desires. I'd like to continue on for a PhD." That was crushing to me, but I said, "Look, don't go to UBC just because you would stay here. Let's find the best university for you and I'll support you and we'll go from there." So she went to the University of Wisconsin in Madison, and it was very, very difficult. I was a newlywed with this beautiful wife. But we made a commitment right away that we would talk to each other on the phone every day. I got CBC to put in my contract that every day I was away filming, they had to pay for a phone call to my wife. That was a very important lifeline. But it was great: she got her PhD and then got a job teaching at Harvard. She's just amazing.

And now, after all these years, what do you enjoy doing together? It's interesting because when we came back to Vancouver after six months of lockdown, we were still locked down here in Vancouver. And everybody was saying, "Oh, God, I'm going crazy with this lockdown." But Tara and I were happy as clams. We just like to be together. When we're in each other's company, we're fulfilled. Thank goodness she loves camping as much as I do. [*Laughs*] We've done a lot of skiing together as well, but camping has been a very important part of our time together.

You used to go camping with your dad, too, when you were young. How did he inspire your love of the great outdoors? My father was a very unusual child of immigrants. The immigrants, especially from Asia, arrive very poor. They come here for opportunity, so earning money is the most important thing. My dad was the eldest in a family of seven children, so he was expected to be a role model for his brothers and sisters. But instead, he loved nature, and he loved gardening and fishing. His parents always regarded him as kind of a disappointment because he wasn't focused. I remember as a kid, them saying to him, "Why did you go camping with David on Saturday when you could have been working?" But thanks to my dad, my earliest memories of childhood are fishing and camping with him.

Speaking of your childhood, you were six when your family was sent to live in a Japanese Canadian internment camp. How did that experience shape you? During the Second World War, we were shipped out of Vancouver and incarcerated in Slocan Valley. Most of the kids there who were my age, their parents had come from Japan. They were fluently bilingual. They would switch from English to Japanese all the time. But I grew up in a family that only spoke ▶

‘When we’re in each other’s company, we’re fulfilled’

English. The kids would pick on me because I couldn’t speak the language – I didn’t have friends in the village. When people say, “Where did your love of nature come from?” it really was from that time. It’s where I went to keep the kids from picking on me. The forest was my relief.

It seems fitting, then, that you would go on to become the host of a show called *The Nature of Things*. And now your daughter Sarika is taking over. How did that come about? Well, I first asked Severn. She said, “No, not interested. I can’t take that time away from my family.” Then I asked Sarika, and she said, “No, I have a young family. I can’t do it.” Then I said, “What if the two of you hosted together?” They thought that might be interesting, but then Sev took the job at my foundation. So anyway, the CBC did a great thing and they’ve got [two] co-hosts. I’m delighted that she’s going to be one of them. She’s very good.

Now that you’ve closed this chapter, what are your main priorities in life? To be more helpful to Tara. She has carried the enormous burden, and not just of keeping the house going, but taking care of me in all kinds of ways to let me do the things I’ve done. You know, she has given me the freedom to pick and choose what I want to do. I would like to try to support her and let her do the things that she’s held off on because of that.

Finally, as you look back on your life, what are you most proud of? When my father was dying, he kept saying, “David, I die a rich man.” And I kept thinking that was hilarious, because Tara and I were supporting him financially. But when I reflected, I realized all our conversations in that last month of his life were about family, friends and the things they did together. That was his wealth, and that’s what he was proudest of. I thought that was really an important lesson. For me, of course, I’m very pleased that I was able to be a part of *The Nature of Things* and bring all these lessons and experiences to people. But I’m proudest of the fact that I can look my grandchildren in the eye now and say, “I’m only one human being, but I did the best I could for you.”

The greatest achievement of my life, however, was convincing Tara to spend the rest of her life with me. I really mean that. It’s unbelievable that that happened. I’m nothing without her. H

INTERVIEW: SARAH TRUMBLEY
PHOTOS: POOYA NABEI

‘The real thing was the kiss,’ Tara reminisces of her first date with David (together, above and below left, cuddled up on the couch). ‘When he kissed me good night on the porch, that’s when I knew.’

Celine dazzles on closing night of her second Las Vegas residency, where she and her sons (right) honoured her late husband, René Angélil, in 2019. The star recently revealed she is living with stiff-person syndrome, a condition that curtailed plans for yet another stint in Vegas. 'I'm working hard … to build back my strength and my ability to perform again,' she said in a recent video (top right).

'I'M DOING ALL I CAN TO RECUPERATE'

CELINE DION

ON HER HEALTH BATTLE, ROAD TO RECOVERY AND THE SUPPORT OF HER 'PRECIOUS CHILDREN'

It seems like yesterday, but it's been nearly three years since we last saw Celine Dion command the spotlight – making the Big Apple her runway as she turned heads in lavish designer styles while juggling concert engagements on her Courage world tour. Then, came a hiatus due to the pandemic and, ultimately, a shocking revelation about her health.

'All I know is singing. It's what I've done all my life and it's what I love to do'

The Canadian superstar hopes this year will mark a comeback as she works to overcome the illness that cut her tour short in April 2022 after she began experiencing "severe and persistent muscle spasms."

Last month, following months of silence as she came to terms with her new reality, the singer, 54, offered candid insight into her struggle, revealing she's been diagnosed with a neurological disorder called stiff-person syndrome. "While we're still learning about this rare condition, we now know this is what's been causing all the spasms," she said in an emotional video. "These spasms affect every aspect of my daily life, sometimes causing difficulties when I walk and not allowing me to use my vocal cords to sing the way I'm used to."

Though incurable, the illness is said to be manageable with medication and treatments. And the mother of three sons – René-Charles is 21, twins Nelson and Eddy 12 – is tackling it with her signature positivity. "I have a great team of doctors working alongside me to help me get better," she says, "and my precious children who are supporting me and giving me help."

Fortunately, Celine – who took time away from the stage in 2014 to care for husband René Angélil before he succumbed to cancer two years later – has resources to call on in difficult times. "We all go through a lot of things in life, whether it's losing someone, whether it's a sickness," she said in 2019, reflecting on the choice of "Courage" as the title of her tour and album. "I went through a lot. Life had given me the tools — my family, the way that I grew up, the way that I was raised … to find my inner strength in a way. To find courage to keep going."

REPORT: MICHAEL KILLINGSWORTH

In March 2020, Celine looked on top of the world as she modelled designer outfits in New York City. Top: With her boys that Christmas. A return to the spotlight is anticipated this year, with her Courage tour scheduled to resume in August and her rom-com *Love Again* set to debut in May.

CLOCKWISE FROM LEFT: DENISE TRUSCELLO/GETTY IMAGES; CELINE DION INSTAGRAM; JOSE PEREZ/GETTY IMAGES; DENISE TRUSCELLO/GETTY IMAGES

SPEAKING OF 'BETRAYAL'

PRINCE HARRY

HAS A LOT MORE TO SAY AFTER HIS TELL-ALL TV SHOW WITH MEGHAN

ROBERT F. KENNEDY HUMAN RIGHTS
ROBERT F.

CBS NEWS
60 MINUTES

After the release of their TV show in December (far left), Harry and Meghan (in white Louis Vuitton) step out in New York City to receive a Ripple of Hope Award from the Washington, D.C.-based charity Robert F. Kennedy Human Rights, for their activism around racial justice and mental health. Left: Harry confides in Anderson Cooper at the couple's California home in a new *60 Minutes* interview.

The Duke of Sussex is speaking his mind ahead of his memoir release on Jan. 10 (see page 28). Coming on the heels of the Netflix show *Harry & Meghan*, the latest round of revelations has left many wondering whether the duke and his brother, the Prince of Wales, will ever reconcile.

"I want a family, not an institution," Prince Harry tells British reporter Tom Bradby, who famously interviewed him and Meghan in South Africa in 2019. "I would like to get my father back. I would like to get my brother back."

The 38-year-old prince also bares his soul in a *60 Minutes* special, calling the Royal Family's actions "betrayal." Airing on Sunday Jan. 8, the interview with Anderson Cooper appears to have been conducted at the couple's mansion in Montecito, Calif., where the December docuseries gave viewers an unprecedented insight into the Sussexes' family life, as well as a first-hand account of their fairytale wedding.

FROM FAIRYTALE TO FALLOUT

Describing the magic of that day on May 19, 2018, Meghan mentioned how thankful she was for King Charles (then the Prince of Wales), who walked her up the aisle of St. George's Chapel when her own father, Thomas Markle, decided not to attend.

"Harry's dad is very charming, and I said to him, 'I've lost my dad in this,' so [having] him as my father-in-law was really important to me," the former actress recalled. "I asked him to walk me down the aisle and he said yes."

It was after the wedding that things soured. Harry believes that other royals – William, Kate, even the Queen – were jealous of Meghan's popularity, which hit new heights during their tour of Oceania in the fall of 2018.

Summoning memories of his mother, Princess Diana – who famously overshadowed Prince Charles on their first Australian tour in 1983 – Harry said, "The issue is: when someone who's marrying [into the family], who should be a supporting act, is then stealing the limelight or doing the job better than the person who was born to do this, that upsets people."

BROTHERS AT ODDS

The series paints a picture of a deteriorating relationship between the royal brothers. Harry is shown receiving an apparently blunt text message from Prince William the day after Oprah Winfrey aired a bombshell interview with the couple in March 2021. "Oh wow," says Meghan after he shows it to her. The younger prince also claims his brother's press office leaked damaging stories about the Sussexes (an allegation he repeats to *60 Minutes*) and recalls a tense meeting at Sandringham in January 2020 after Harry and Meghan announced their decision to step down as senior royals.

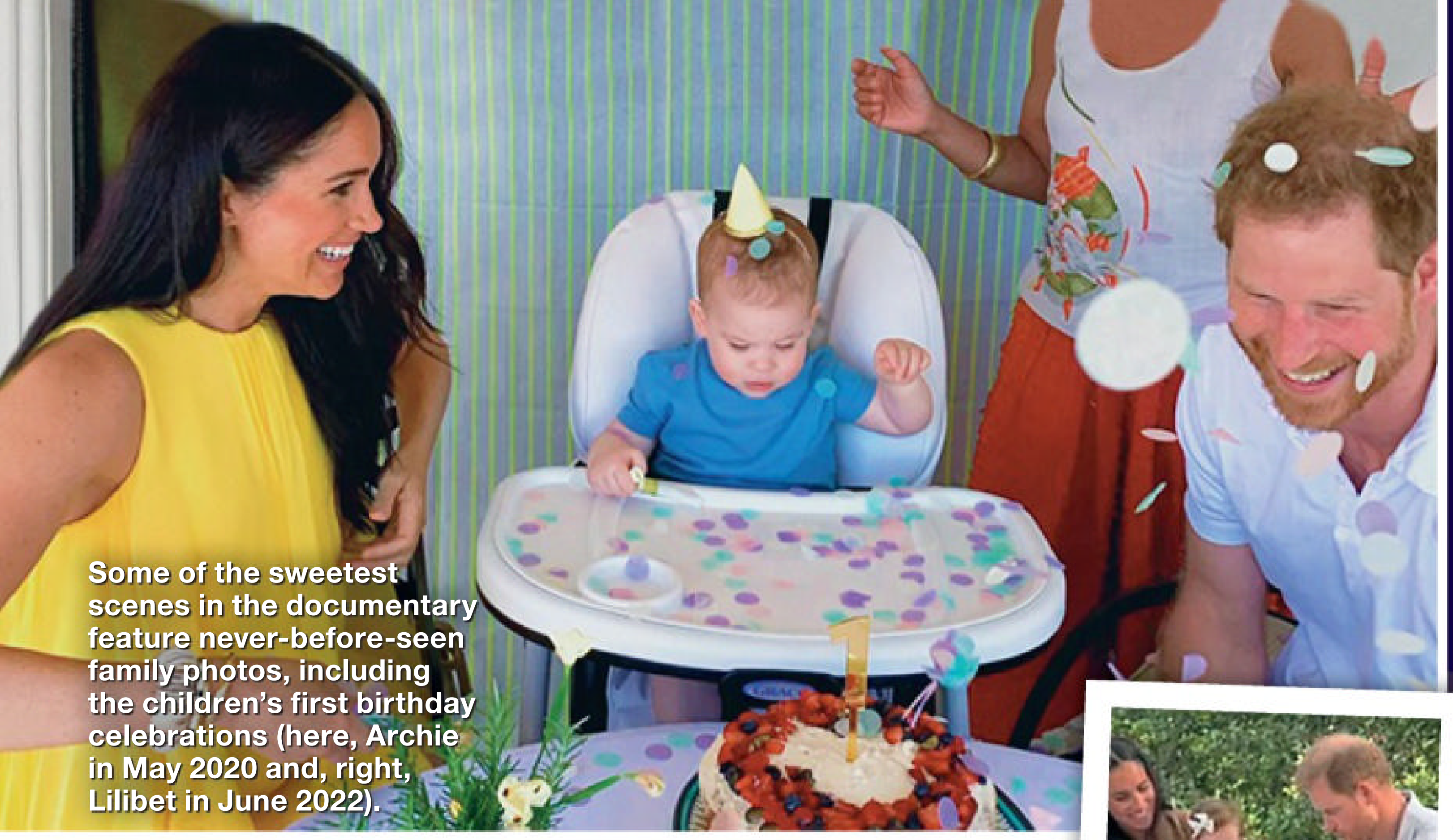
"It was terrifying to have my brother scream and shout at me and have my father say things that simply weren't true, and my grandmother quietly sit there and sort of take it all in," said Harry, who accused the palace of being "happy to lie to protect my brother" while being unwilling "to tell the truth to protect us ... The saddest part of it was this wedge created between myself and my brother," Harry continued. "He's now on the institution's side." William has not commented, nor did King Charles mention his younger son in ▶

'I would like to get my father back, I would like to get my brother back'

- HARRY

Top: Harry and Meghan on their wedding day (left) and (right) their first dance, to *Land of 1,000 Dances*. Prince William (far right) served as Harry's best man. Right: The Sussexes pack up their belongings at what they once considered their forever home, Frogmore Cottage, in March 2020.

CLOCKWISE FROM TOP LEFT: MIKE COPPOLA/GETTY IMAGES; NETFLIX (2); SAMIR HUSSEIN/GETTY IMAGES; NETFLIX; CBS; NETFLIX



Some of the sweetest scenes in the documentary feature never-before-seen family photos, including the children's first birthday celebrations (here, Archie in May 2020 and, right, Lilibet in June 2022).

'Part of what's beautiful here is the freedom to have family moments' - *MEGHAN*

his Christmas broadcast (page 24).

In happier scenes, the documentary paints a heartwarming picture of Harry and Meghan's love for each other as well as their children, Archie, 3, and Lilibet, 1. "Part of what's beautiful here is the freedom to have family moments," says Meghan. "I want our kids to be able to travel and to fall in love. I just want them to be happy."

Many viewers expressed surprise that the couple chose to give such an intimate look behind closed doors in light of Harry's stated desire to protect his family from the public eye when he and Meghan left royal life three years ago. But the couple's press secretary addressed this in a statement to *Entertainment Tonight*. "The duke and duchess have never cited privacy as the reason for stepping back," the statement read. "This distorted narrative was intended to trap the couple into silence."

NO REGRETS

Reflecting on the life he left behind, and no doubt thinking ahead to Christmas at Sandringham, Harry admitted on the TV show, "I miss the weird family gatherings when we're all together under one roof at certain times of the year. I miss the U.K. I miss my friends. I lost a few friends in this process."

And while he said he has no regrets – "I genuinely feel that we are exactly where we are supposed to be" – his latest outpourings suggest he is still not at peace. "The family motto is, 'Never complain and never explain,'" he tells Anderson Cooper, "[but] there comes a point when silence is betrayal." H

'ROLLER-COASTER' YEAR FOR HARRY, SAYS DIANA'S ASTROLOGER

He often cites his mother, Princess Diana, as his guiding light. Now, her former astrologer is looking to the stars on Prince Harry's behalf.

Writing for *Hello!* online, Debbie Frank foresees a "roller-coaster" year for the Duke of Sussex, punctuated by "further upsets with family, surprise moves and severance with his old life.

"Harry is prepared to make the final cut with his roots," says Debbie, who expresses concern that the release of the prince's tell-all memoir in January – a "very sensitive period" – "could generate backlash." However, it may also deliver much-desired clarity. "He has lived through a long period of grief and confusion with clouded perception, and after the first week in January, the veil is lifted," Debbie predicts.

His brother Prince William, meanwhile, faces a "tricky" month. "He feels so triggered but is unable to say what he would like to say."

As for the crowning of their father, King Charles, on May 6 (Archie's fourth birthday), "the eclipsed full moon around the time of the coronation spells out [Harry's] place in the order of things. He will need to move on."

CLOCKWISE FROM TOP LEFT: NETFLIX (2); NO CREDIT; TIM GRAHAM/GETTY IMAGES; COURTESY OF PRINCE HARRY AND MEGHAN; NETFLIX (2)

‘IT’S REALLY HARD’

KIM KARDASHIAN

THE MOM OF FOUR OPENS UP ABOUT THE CHALLENGES OF CO-PARENTING WITH HER FAMOUS EX

> ‘I had the best dad and the greatest experience, and that is all I want for my kids’

Kim Kardashian is getting real about life as a single mom.

The reality star and entrepreneur, 42, became tearful while discussing the topic of co-parenting with ex-husband Kanye West, with whom she shares daughters North, 9, and Chicago, 4, and sons Saint, 7, and Psalm, 3.

“It’s hard,” she admitted on the podcast *IRL*. “It’s really hard.”

After almost seven years of marriage, Kim filed for divorce from Kanye (now known as Ye) in 2021, beginning a settlement battle that was finalized just two months ago. But she has made a point of only portraying her ex in a positive light in front of their children.

“I definitely protected him and I still will in the eyes of my kids,” she said (the 45-year-old music superstar came under fire in October for posting anti-Semitic comments on social media). “In my home, my kids don’t know anything that goes on [in] the outside world … I know I’m so close to that not happening, but while it’s still that way, I will protect that to the end of the Earth as long as I can.”

Some days, though, are tougher than others when it comes to shielding the kids from drama. “I could be going through something, but if we’re riding to school and they want to listen to their dad’s music, no matter what is going on in the world, I have to have that smile on my face and blast his music and sing along and act like nothing’s wrong.”

At the end of the day, she wants her kids to have a happy childhood – something her own father, late lawyer Robert Kardashian, always worked hard for her to have, too. “I had the best dad,” Kim, who was 22 when Robert died, recalled fondly. “I had the best memories and the greatest experience. And that’s all I want for my kids.” H

REPORT: SARAH TRUMBLEY

Kim poses in a holiday photo (above) with her four children a few weeks after coming to a joint custody agreement with her ex-husband (below, in 2019, when he was still known as Kanye). She lost her own father, Robert, when she was young (below left, with her mom Kris and siblings Kourtney, Khloé and Rob).

Y WINSTON
AWARD
WSJ
RY WIN

CLOCKWISE FROM TOP LEFT: YOUTUBE; KIM KARDASHIAN/INSTAGRAM; MARK SAGLIOCCO/GETTY IMAGES; KIM KARDASHIAN/TWITTER

TOBEY MAGUIRE
‘SWEETHEART’ DAUGHTER RUBY MAKES HER DEBUT

When it comes to treating his kids, Tobey Maguire doesn’t leave ’em hanging!

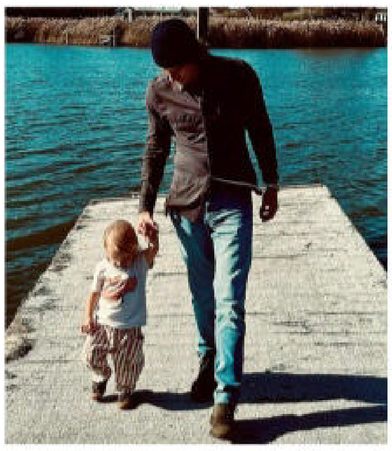
The *Spider-Man* alum gave his 16-year-old daughter a chance to shine at the L.A. première of his latest movie, *Babylon* (co-starring Brad Pitt and Margot Robbie).

Showing she already has her own signature style, Ruby (whose middle name is Sweetheart) rocked her first red-carpet appearance in a ’70s-inspired ensemble, pairing a black velvet mini dress with a long red leather fur-topped coat. Her famous father, dapper in a Paul Smith suit, couldn’t have been more proud.

“It’s indescribable,” Tobey, 47, has said of being a dad. “You just have to be there to understand it. You don’t really get it until you’re there.”

The still-boyish star of *The Cider House Rules* and *The Great Gatsby* shares Ruby and her 13-year-old brother, Otis, with his ex-wife, jewellery designer Jennifer Meyer (together, left). Although they split in 2016 after nine years of marriage, the couple have stayed close and continue to take family outings together, including going to a Billie Eilish concert last year and celebrating Mother’s Day at a L.A. restaurant. “He’s the greatest ex-husband a girl could ever have,” Jennifer, 45, has said of her former love.

HAPPY BIRTHDAY RHODES



EMMA ROBERTS
ALL RHODES LEAD TO BIRTHDAY FUN

Two is a magic number for Emma Roberts, who recently celebrated her little boy’s second trip around the sun. “Happy birthday to my angel boy Rhodes!” she wrote on Instagram. “I love you beyond!”

The *Scream Queens* star, 31, posted a snap showing mother and son lounging in pyjamas (his with a gnome pattern, hers by the label Sleeper) and later gave fans a peek at his blue racecar cake emblazoned with the number 2.

Rhodes’s dad, Garrett Hedlund, also shared photos of himself with the birthday boy (above). “I love you more than anything else my eyes will ever see,” wrote the *Tulsa King* actor, 38. He and Emma (whose new beau is *The Rookie* actor Cody John, 32) split a year ago but are co-parenting amicably.

“[You don’t] always feel like you’re getting it right, but you will get better every day,” the actress told beauty website *Violet Grey* of being a mom. “When in doubt, just love your child and yourself.”

CLOCKWISE FROM TOP LEFT: STEVE GRANITZ/GETTY IMAGES; JENNIFER MEYER/INSTAGRAM; DIMITRIOS KAMBOURIS/GETTY IMAGES; GARRETT HEDLUND/INSTAGRAM; EMMA ROBERTS/INSTAGRAM (2)

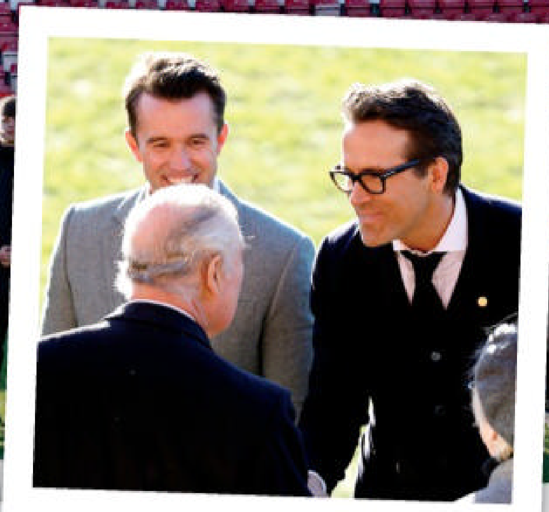
SOPHIE WINKLEMAN
THE ACTRESS DEFENDS HER 'BRAVE' ROYAL RELATIVES

When your father-in-law is a first cousin of the late Queen, there are plenty of opportunities to get to know the Royal Family. And that's certainly been the case for English actress Sophie Winkleman, 42, who married Lord Frederick Windsor, son of Prince Michael of Kent, in 2009.

"I cherish my growing closeness to the senior members of the Royal Family," she recently wrote in an essay for the *Spectator*, "who are so hardworking, uncomplaining and brave in the face of relentless and brutal media attention, criticism, lies, undermining and fictional TV programs."

Sophie (right, with Frederick, 43) clearly felt the need to speak up for King Charles and the Prince and Princess of Wales (above left with Sophie in 2011), who have been silent in the wake of allegations made by the Duke of Sussex (above, with Sophie in 2019) in last month's tell-all Netflix docuseries, *Harry & Meghan*, (page 14).

Two and a Half Men star Sophie, who once lived in California (where the Sussexes reside), has often praised the friendliness and generosity of her royal relatives. "I've been incredibly welcomed with open arms by all of them," the mom of Maud, 9, and Isabella, 6, told the *Times*. "I haven't had a single negative experience ... [King] Charles has been wonderful [and] Prince William's been heaven."



RYAN REYNOLDS
SCORES A MAJESTIC AUDIENCE

Canada's Ryan Reynolds kicked into action while hosting King Charles and Queen Consort Camilla during the royal couple's recent visit to Wrexham Association Football Club (above).

"We'll do anything to uplift and elevate this community and this club – and having the King pay a visit is certainly one way to do it!" said the jovial *Deadpool* star, 46, who had Charles in stitches.

The Welsh city has become world-famous since Ryan and *Mythic Quest* star Rob McElhenney, 45 (above right), bought its 158-year-old soccer team in 2021 and began chronicling its revival in a hit docuseries.

"*Welcome to Wrexham* season 2: Charles in Charge," Ryan joked later on Instagram.

CLOCKWISE FROM TOP LEFT: TIM ROOKE/SHUTTERSTOCK; MAX MUMBY/GETTY IMAGES; KARWAI TANG/GETTY IMAGES; MAX MUMBY/GETTY IMAGES; KARWAI TANG/GETTY IMAGES; ARTHUR EDWARDS/GETTY IMAGES

A UNITED FRONT AT SANDRINGHAM THE ROYAL FAMILY DELIGHT FANS IN THEIR FIRST HOLIDAY WALKABOUT SINCE LOSING THE QUEEN

Members of the Royal Family were full of cheer last month as they gathered in Sandringham for their annual Christmas festivities.

Hosting the holiday for the first time following the death of his beloved mother three months earlier, King Charles looked in good spirits as he led loved ones on a royal walkabout following Christmas Day service at St. Mary Magdalene Church. He was joined by his supportive wife, Camilla, Queen Consort, elegant in a navy blue Anna Valentine coat dress, as well as the Prince and Princess of Wales and their three children, Prince George, 9, Princess Charlotte, 7, and Prince Louis, 4.

Other family members in attendance included Princess Eugenie with her husband, Jack Brooksbank, and Princess Beatrice with her husband, Edoardo Mapelli Mozzi, who brought along his six-year-old son, Christopher Woolf (known as Wolfie), for the first time. Zara and Mike Tindall also stepped out with their girls Mia, 8, and Lena, 4, while the King's youngest brother, Prince Edward, and his wife, Sophie, Countess of Wessex, were accompanied by their daughter, Lady Louise Windsor, 19. Eugenie ▶

SAMIR HUSSEIN/GETTY IMAGES (2)

King Charles (top left, with Queen Consort Camilla) leads his family to the Christmas Day church service in Sandringham. William and Kate step out with Charlotte, George and Louis.

William and Kate wear matching smiles as George, Charlotte and Louis chat with well-wishers during a walkabout (above and below). Far right: Louis looks confident while making his Christmas Day debut.

'They've had enough presents' – WILLIAM JOKES THAT HIS CHILDREN WERE SPOILED AT CHRISTMAS

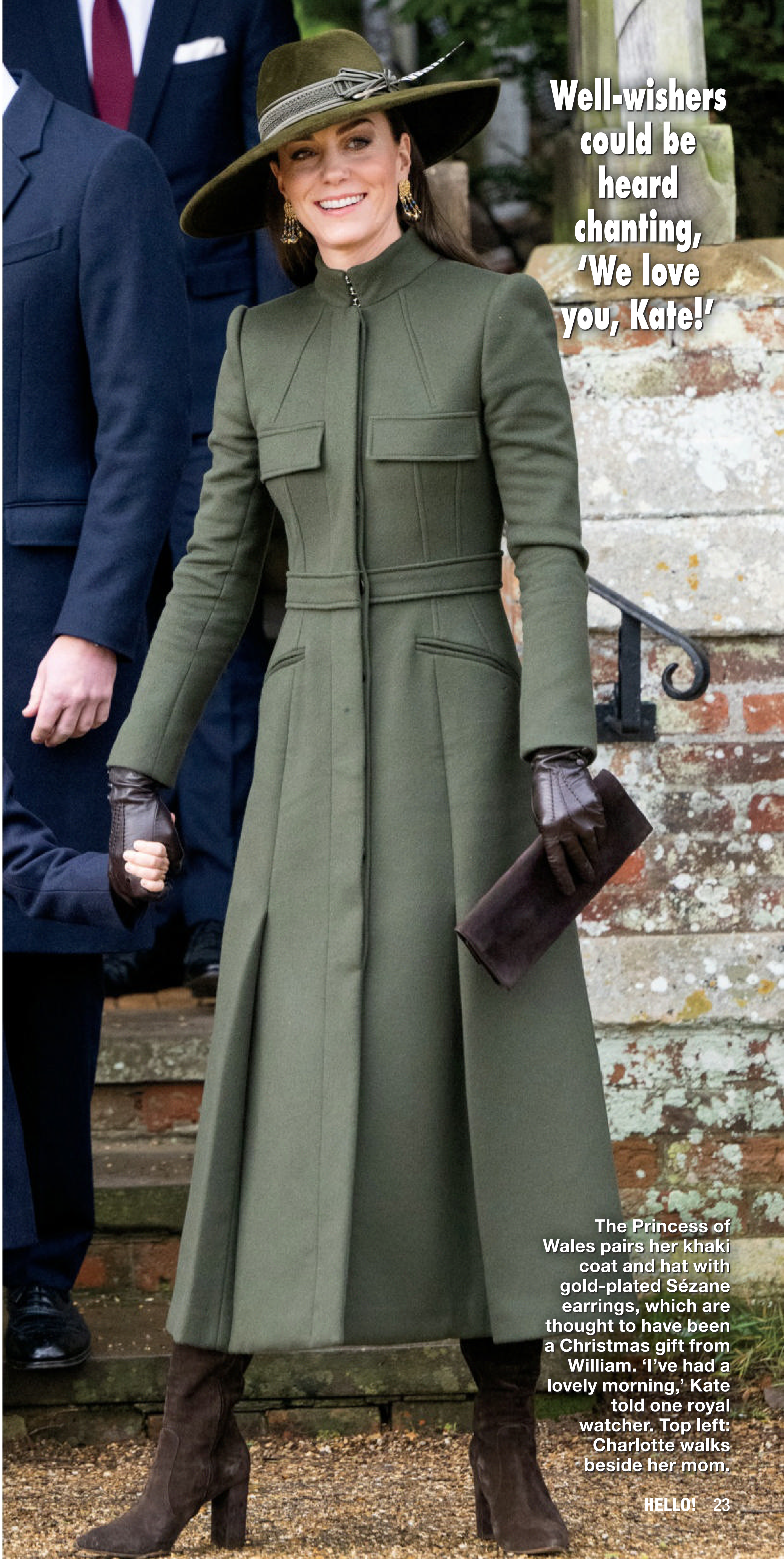
and Beatrice's father, Prince Andrew, made a rare appearance with the Royal Family since stepping back from royal duties and being stripped of his military titles by the Queen in January 2022. Missing from the walkabout was Charles's sister, Princess Anne, who, according to sources, was getting some much-needed rest after being struck down with a cold.

FAMILY FIRSTS

Stylish in a khaki coat by her go-to designer Alexander McQueen and matching Philip Treacy fedora, Kate was showered with love as she stopped to chat with excited bystanders, some of whom could be heard chanting, "We love you, Kate!" Daughter Charlotte, meanwhile, was adorable in a burgundy coat – the same one she had worn to her mother's Christmas carol concert at Westminster Abbey earlier in December.

The Sandringham outing, which marked the family's first since 2019 (the late Queen had spent the holidays at Windsor Castle in 2020 and 2021 due to the pandemic) was a first for Louis, too. The little royal looked delighted as he and his siblings chatted sweetly with well-wishers. They were also lucky enough to receive a few thoughtful gifts from those standing outside the church, including a stuffed gnome with a pointed hat, a novelty toy known as a gonk. "They've had enough presents," William joked when Hilary Marsh, 71, from Suffolk, asked if Father Christmas had been good to the kids. Echoing William's sentiment later on, ▶

CLOCKWISE FROM TOP LEFT: LESLEY YEARLEY/SHUTTERSTOCK; SAMIR HUSSEIN/GETTY IMAGES (4)



Well-wishers could be heard chanting, 'We love you, Kate!'

The Princess of Wales pairs her khaki coat and hat with gold-plated Sézane earrings, which are thought to have been a Christmas gift from William. 'I've had a lovely morning,' Kate told one royal watcher. Top left: Charlotte walks beside her mom.

Members of the Royal Family were full of holiday cheer as they gathered for the annual tradition

Camilla, Queen Consort, looks wonderfully elegant on Christmas Day in a navy coat dress by Anna Valentine and a matching hat (here, holding flowers given to her during the family walkabout).

Christmas with the kids! Above: Colour coordinating in grey, parents of three Zara and Mike Tindall walk hand-in-hand with their younger daughter, Lena, whose red coat dress matched her mother's festive fascinator (above).

Kate told a young fan that "they got lots of lovely things" on Christmas morning.

Although this holiday season was a slightly sad one for the Royal Family, there's no doubt the late monarch was there in spirit. Charles is said to have kept up many of his mother's traditions in her honour, including the annual family lunch at Sandringham, with turkey and all the trimmings. And, of course, he continued with the longstanding tradition of the monarch's Christmas broadcast, during which he paid tribute to "all of us who have lost loved ones."

"Christmas is a particularly poignant time," he said. "We feel their absence at every familiar turn of the season, and remember them in each cherished tradition." H

REPORT: SARAH TRUMBLEY

KING CHARLES SAYS HE SHARES THE QUEEN'S 'FAITH IN PEOPLE'

Standing tall in Windsor Castle's St. George's Chapel – the place where, as he noted, "my beloved mother, the late Queen, is laid to rest with my dear father" – King Charles spoke from the heart in his first-ever Christmas broadcast. Thanking those who showed his family "love and sympathy" after her Sept. 8 death, Charles, 74, went on to remember his mother's legacy by quoting "O Little Town of Bethlehem." "We sing of how 'in thy dark streets shineth the everlasting light.' My mother's belief in the power of that light was an essential part of her faith in God, but also her faith in people. And it is one which I share with my whole heart." The King also showed his appreciation for Prince William and Kate, noting how his son and daughter-in-law highlighted the importance of "community spirit" on a recent visit to Wales.

CLOCKWISE FROM TOP LEFT: JOE GIDDENS/GETTY IMAGES (3); UK PRESS POOL/GETTY IMAGES; JOE GIDDENS/GETTY IMAGES; MARK CUTHBERT/GETTY IMAGES; VICTORIA JONES/GETTY IMAGES

Clockwise from left: Sophie Wessex and her daughter, Lady Louise Windsor; Princess Beatrice, husband Edoardo and his son, Wolfie; Princess Eugenie and her husband, Jack Brooksbank; Peter Phillips with his two daughters, Savannah (R) and Isla.

THE ROYAL YEAR AHEAD

YOUR MONTH-BY-MONTH BREAKDOWN OF CEREMONIES AND CELEBRATIONS

FROM LEFT: ISTOCK; CHRIS JACKSON/GETTY IMAGES

It's a new era for the Royal Family as they embark on their first year without the Queen

King Charles, pictured at a recent Buckingham Palace state banquet with his wife, Queen Consort Camilla, is counting down to his coronation this spring.

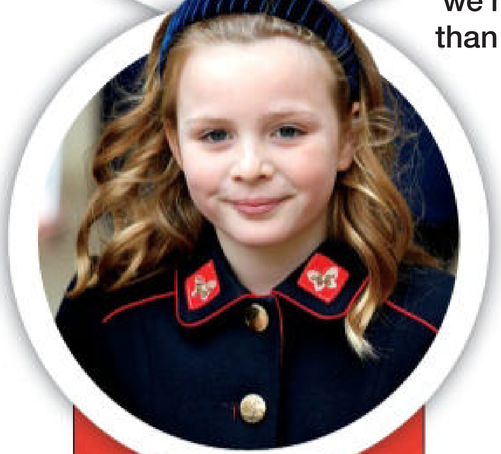
JANUARY

'No matter where we come from, we have more in common than we think' – *PRINCE HARRY*

A new era has begun for the Royal Family as they embark on their first calendar year without the former Queen leading the way. Gone since September of last year, Elizabeth II is sure to be in her loved ones' thoughts with each milestone they pass.

Senior members of the family are back at work, finding comfort in the duties they hold dear. In keeping with her title of hardest-working royal, Princess Anne has already committed to more than a dozen engagements in January.

And on Jan. 10, the Duke of Sussex is in the spotlight once again with the release of his memoir. Called *Spare,* it sees Prince Harry reflect on everything from the loss of his mother, Princess Diana, and his relationship with his brother, Prince William, to his mental health struggles and life as a family man. "My hope is that in telling my story – the highs and lows, the mistakes, the lessons learned – I can help show that no matter where we come from, we have more in common than we think."



Birthday girls

Many happy returns to Kate, Princess of Wales (who turns 41 on Jan. 9), Mia Tindall (nine on Jan. 17) and (top) Sophie, Countess of Wessex (58 on Jan. 20).

Among the many anticipated milestones of 2023 is Kate's birthday – the first since she was given the title Princess of Wales.

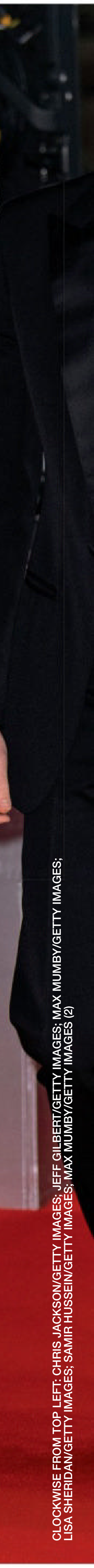
FEBRUARY

It's a night for British and Hollywood royalty to come together! Returning to its usual month after pandemic disruptions, the BAFTA awards on Feb. 19 is expected to play host to Prince William and Kate, who haven't appeared live at the film and TV celebration since 2020. Last year, William – president of BAFTA since 2010 – addressed attendees via video; in 2021, he was forced to cancel following the April 9 death of his grandfather, Prince Philip.

The Waleses' appearance would be a bright spot in a poignant month for the Royal Family. The late Queen's father, King George VI, passed away on Feb. 6, 1952. His demise changed royal history, ushering Elizabeth to the throne and beginning a reign that would prove historic. Marking her 70th anniversary last February, the former Queen became the first British sovereign to celebrate a platinum jubilee. "I am fortunate to have had the steadfast and loving support of my family," the monarch stated in what would be her last Accession Day message, renewing her famous pledge that "my life will always be devoted to your service."

Many happy returns

The King's niece Princess Eugenie (above) and her husband, Jack Brooksbank, celebrate their son August's second birthday on Feb. 9. Eugenie's father, Prince Andrew, who is no longer a working royal, turns 63 on Feb. 19.



CLOCKWISE FROM TOP LEFT: CHRIS JACKSON/GETTY IMAGES; JEFF GILBERT/GETTY IMAGES; MAX MUMBY/GETTY IMAGES; LISA SHERIDAN/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES; MAX MUMBY/GETTY IMAGES (2)

Prince William and Kate are expected to return to the BAFTA awards (here and left, with best actress winner Renée Zellweger, in February 2020). Left: A young Princess Elizabeth with her father, King George VI, in 1946 – six years before his sudden passing would see her ascend the throne.

CLOCKWISE FROM LEFT: MARK CUTHBERT/GETTY IMAGES; GREG MALLET INSTAGRAM; MARK CUTHBERT/GETTY IMAGES; MAX MUMBY/INDIGO/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES

Lady Amelia Spencer is set to wed real estate mogul Greg Mallett, who calls her 'the love of my life!' Below right: William and Kate visit the Irish Guards on St. Patrick's Day.

Princess Diana's niece Lady Amelia Spencer is set to march down the aisle with her longtime love, Greg Mallett, this month. The 30-year-old model daughter of Charles, Earl Spencer, and cousin of princes William and Harry, told *Hello!* that the proposal was "the most romantic day of my life." While details of the venue and guest list are under wraps, her sister, Lady Kitty, married South African millionaire Michael Lewis in Italy in 2021 with no members of the Royal Family present.

A royal presence is assured, however, when King Charles and senior Royal Family members celebrate Commonwealth Day (March 13). Last year's annual service was missed by the late Queen, who asked Charles to represent her at Westminster Abbey. (The same event in 2021 marked Harry and Meghan's last as working members of the Royal Family.)

And on March 17, Kate will don a stylish green outfit for her and William's St. Patrick's Day tradition of honouring the Irish Guards, of which the prince is colonel. ▶

Family matters

Birthday wishes to Prince Edward (below), who turns 59 on March 10, Lucas Tindall (below right), who turns two on March 21, Princess Eugenie (33 on March 23) and Isla Phillips (11 on March 29).

APRIL

William and Kate (here, at last year's royal Easter service with George and Charlotte) celebrate their wedding anniversary this month, as do King Charles and Camilla. Below right: Lizzo's Met Gala outfit will be featured in a royal exhibition.

Birthday boy

Little Prince Louis – the youngest of William and Kate's three children – will be turning five on April 23, just two days after what would have been the 97th birthday of his great-grandmother, the late Queen.

Spring is in the air – and so is love, thanks to the wedding anniversaries of not one but two royal couples. On April 29, Prince William and Kate will celebrate 12 years since tying the knot at Westminster Abbey.

Earlier in the month, King Charles and Camilla, Queen Consort, will toast to 18 years of marriage on April 9. That date will bring forth a mix of emotions for Charles, as it will also mark two years since the death of his father, Prince Philip, as well as the family's first Easter Sunday without the former Queen. It has not yet been confirmed how the holiday – which was one of Elizabeth's favourites – will be celebrated this year. But in keeping with tradition, it's likely that members of the Royal Family will gather at St. George's Chapel for the annual Easter Matins service.

Bringing a little extra sparkle to the month, meanwhile, is a stylish new exhibition at Kensington Palace called *Crown to Couture*. Set to open on April 5, it will display historic fashion pieces alongside modern red-carpet couture – think Lizzo's 2022 Met Gala look – to draw fascinating comparisons between the present day and the 18th century.

The most anticipated month of the year will see dignitaries from around the world unite in celebration as Charles is crowned King on May 6. His coronation will take place at Westminster Abbey, where every British monarch has been crowned for the past 900 years. Charles is said to be planning a scaled-back affair, with the ceremony only lasting an hour in front of 2,000 guests – quite the change from his late mother's 1953 coronation, which lasted three hours and was attended by 8,000 people. But we can still expect the ceremony – which will also crown Camilla as Queen Consort – to have all the same pomp and pageantry as a traditional coronation. "It's got to have some glamour and glitter," royal author Andrew Morton tells *Hello!* "It's going to be a great spectacle for the U.K., which needs it at the moment."

And the famous saying "April showers bring May flowers" will hold true this month as one of Kate's favourite events, the RHS Chelsea Flower Show, returns. Just like the late Queen, the Princess of Wales has been a longtime supporter of the event. Four years ago, she even created her own woodland garden exhibit, *Back to Nature*, inspired by her childhood memories.

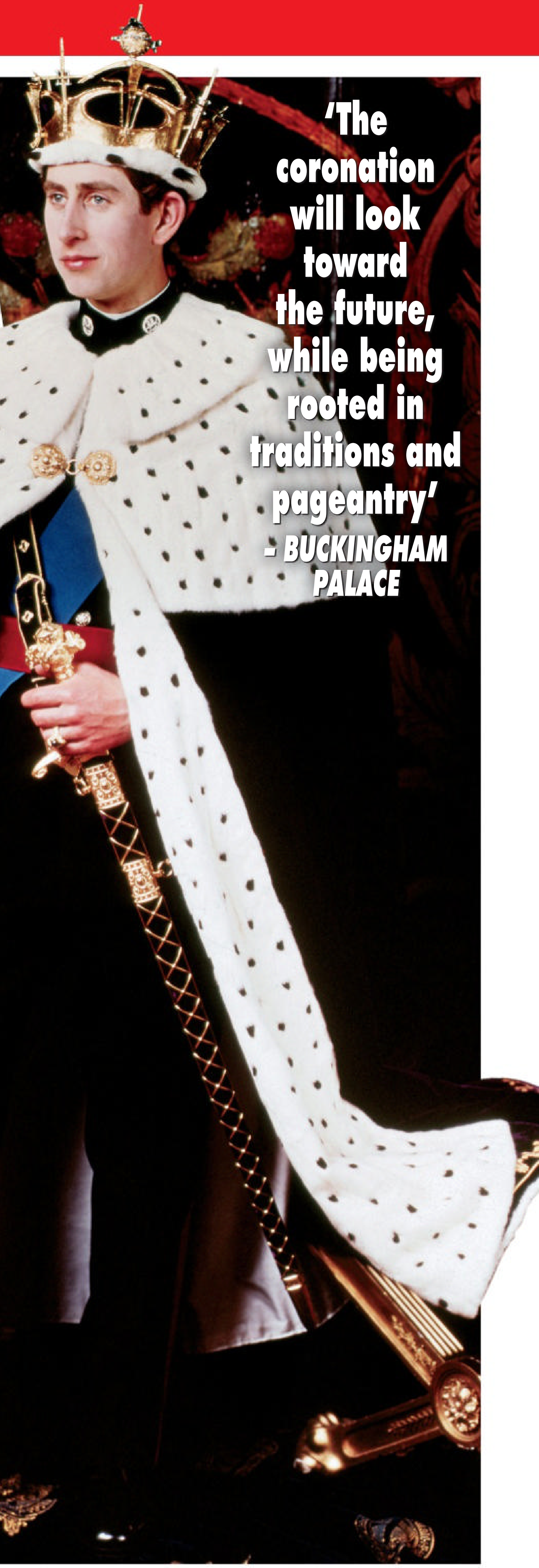
As well, we'll see the return of Buckingham Palace's annual royal garden parties, where it's likely that William and Kate will take on hosting duties, just as they did last year after the Queen scaled back her engagements. We can't wait to see what the princess wears this time around! ▶

Mark the calendar

Princess Charlotte (right, inset) will turn eight on May 2; Zara Tindall (above) will be 42 on May 15, while Prince Harry and Meghan, whose son, Archie Harrison (top), turns four on May 6, celebrate their fifth wedding anniversary on May 19.

CLOCKWISE FROM TOP LEFT: JEFF GILBERT/GETTY IMAGES; BEN BIRCHALL/GETTY IMAGES; NETFLIX; COURTESY OF MUSTO; TAYLOR HILL/GETTY IMAGES; HUGO BURNAND/GETTY IMAGES; CHRIS ISON/GETTY IMAGES; MAX MUMBY/GETTY IMAGES

MAY



‘The coronation will look toward the future, while being rooted in traditions and pageantry’

– BUCKINGHAM PALACE

Making history: Joined by his wife, Camilla, Queen Consort, King Charles (top, at his mother’s 1953 coronation, and here, at his 1969 investiture ceremony) will be crowned on May 6. Above left: Kate hosts a garden party at Buckingham Palace and (left) is joined by Prince William, George and Louis at the 2019 RHS Chelsea Flower Show, where she designed her own exhibit.

CLOCKWISE FROM TOP LEFT: JON BOND/GETTY IMAGES; CENTRAL PRESS/GETTY IMAGES; BETTMANN/GETTY IMAGES; THE DUCHESS OF CAMBRIDGE/GETTY IMAGES; DOMINIC LIPINSKI/GETTY IMAGES; MATT PORTEOUS/KENSINGTON PALACE

JUNE

Top: The Queen is joined on the Buckingham Palace balcony by her loving family during the Platinum Jubilee Trooping the Colour celebrations. Here, Kate is spotted at Royal Ascot. Right: William dons his ceremonial regalia for the Order of the Garter.

What will Trooping the Colour look like without the late Queen? Although no details regarding the festivities have been announced, it's thought that the King's birthday celebration could take place, per royal tradition, on June 10. While his birthday is in November, King Charles, who turns 75 this year, is expected to keep the official celebrations on the second Saturday of June, just as his predecessors did, owing to the fact that the weather is much better at this time of year. Marking his first Trooping the Colour as King, Charles will, no doubt, be joined on the famous Buckingham Palace balcony by his wife, Camilla, son and daughter-in-law, the Prince and Princess of Wales, and three of his five grandchildren, Prince George, Princess Charlotte and Prince Louis. The days of huge Royal Family balcony gatherings are past, with the King keen to keep numbers down.

Other favourite activities for royal watchers are the Order of the Garter ceremony at Windsor Castle (June 19) and Elizabeth's beloved horse-racing extravaganza, Royal Ascot (June 20 to 24). On June 21, three days after Father's Day, doting dad Prince William turns 41.

Reason to celebrate

Harry and Meghan's daughter, Lilibet (below), turns two on June 4, while Zara and Mike Tindall's middle child, Lena, will be five on June 18. Prince Edward and Sophie (bottom) celebrate 24 years of wedded bliss on June 19.

JULY

The Princess of Wales (then Duchess of Cambridge) presents 2022 Wimbledon champion Novak Djokovic with his trophy. Bottom right: Princess Beatrice and Zara Tindall on their wedding days.

Game, set, match! The Royal Family has a long association with one of Britain's most famous sporting events, Wimbledon, and, as a tennis fan, the Princess of Wales has joyfully continued this tradition since being named patron of the All England Lawn Tennis Club in 2017, while she was Duchess of Cambridge. Last year, Kate and William's eldest child, Prince George, attended for the first time. Perhaps this year will see Princess Charlotte and Prince Louis in the royal box, too. (All three children are known to be sporty, just like their parents.)

Tennis isn't the only summer activity enjoyed by the royals; another favourite, particularly for William and Harry, is polo. And while the season technically kicks

CLOCKWISE FROM TOP LEFT: DANIEL LEAL/GETTY IMAGES; TKTKTK; TIM GRAHAM/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES; THE DUCHESS OF CAMBRIDGE; CHRIS JACKSON/GETTY IMAGES; MISAN HARRIMAN/PRINCE HARRY AND MEGHAN, THE DUKE AND DUCHESS OF SUSSEX ©2022; UK PRESS/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES

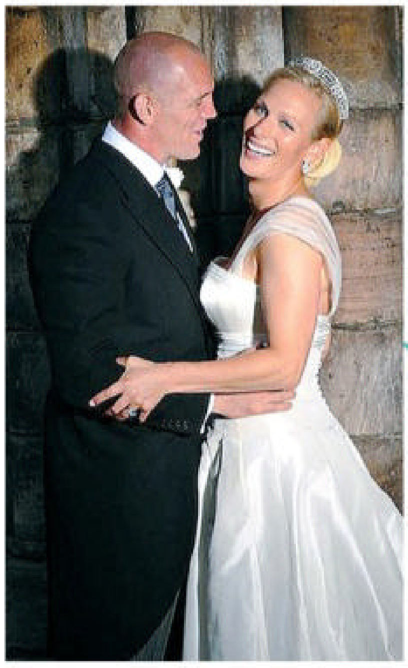
> **'I found comfort and solace in the Scottish outdoors'**
> **– PRINCE WILLIAM**

off in April, it's not until June and July that it's really in full swing, with the royal brothers often taking part in tournaments, albeit separately in recent times (Harry plays for his Sentebale charity with Argentinian polo star Nacho Figueras).

There are many reasons to celebrate this month, starting with Prince George's 10th birthday milestone on July 22. Princess Beatrice (below left) and her husband, property developer Edoardo Mapelli Mozzi, celebrate three years of marriage on July 17 (poignantly, their union was the last wedding Elizabeth and Philip ever attended). Just like her cousin Prince William, Zara Tindall marks her 12th anniversary this year – with her husband, Mike – on July 30.

Dates to remember

Prince George (opposite, below left) shares a birthday month not only with his late 'Granny Diana,' who would have been 62 on July 1, but also with his step-grandmother, Queen Consort Camilla, who turns 76 on July 17.



CLOCKWISE FROM ABOVE, CENTER: CLIVE BRUNSKILL/GETTY IMAGES; DAVID CHESKIN/GETTY IMAGES; TIM GRAHAM/GETTY IMAGES; DAVID M. BENETT/GETTY IMAGES; PATRICK VAN KATWIJK/GETTY IMAGES; LAURENT ZABULON/CANADIAN PRESS; ZARA PHILLIPS AND MIKE TINDALL/GETTY IMAGES; BENJAMIN WHEELER

A garden party in 2012 (the Queen's Diamond Jubilee year) brings royal fans together on the grounds of Balmoral. Below left: A vintage photo of Prince Charles and his eldest son, Prince William, on one of their many visits to the beloved Scottish retreat.

Like many Royal Family traditions established by the late Queen, the annual summer break at Balmoral was very dear to her heart. Elizabeth spent time on the 20,000-hectare Scottish estate as a girl and, later, enjoyed annual sojourns in the Aberdeenshire countryside with Prince Philip, their children and grandchildren. She even spent her final days at Balmoral Castle, where she passed away last September surrounded by loved ones.

While it's been suggested that her son and heir, King Charles, might turn the castle itself into a museum (he owns another property, Birkhall, on the estate), there's a huge emotional connection, particularly for his son the Prince of Wales, who often visits with his wife, Kate, and their children. It was at Balmoral where he and Prince Harry received news of Princess Diana's death in August 1997, and the remote location proved to be a sanctuary as the young boys struggled to come to terms with what had happened to their mother. "In the dark days of grief that followed, I found comfort and solace in the Scottish outdoors," William said on a tour of Scotland in 2021.

His cousin Princess Eugenie, meanwhile, painted an idyllic picture of Balmoral in the 2016 documentary *Our Queen at Ninety*. "Walks, picnics, dogs – a lot of dogs – and people coming in and out all the time," she said. "[It's a place] where you just have room to breathe and run." ▶

Summer babies

Celebrations are in store for (below, from left) Princess Anne, who turns 73 on Aug. 15, the Duchess of Sussex (42 on Aug. 4) and Princess Beatrice (35 on Aug. 8).

CLOCKWISE FROM TOP LEFT: JONATHAN BRADY/GETTY IMAGES; GLYN KIRK/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES; MAX MUMBY/ GETTY IMAGES; DAVID ROGERS/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES; DAVID GRAY/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES

Class is in session! After a fun summer break, William and Kate's little ones – Prince George, Princess Charlotte and Prince Louis – will head back to Lambrook School, the private academy they were enrolled in after the family's move to Berkshire last year. George and Charlotte will be in years six and four, respectively, while their little brother is still in pre-prep (kindergarten).

Another year older

The Princess of Wales's sister, Pippa Middleton (far right), marks her 40th birthday milestone on Sept. 6. One year behind her is Prince Harry (right), who turns 39 on Sept. 15, while his cousin Beatrice's daughter, Sienna, turns two on Sept. 18.

Before school gets under way, some of the Wales children's older relatives will be heading north for the colourful Braemar Gathering in Scotland on Sept. 2. The annual event, which consists of Scottish cultural celebrations and festive Highland games, is a favourite of the royals and was attended last year by Charles, Camilla and Princess Anne on behalf of Elizabeth, who was often pictured giggling in the front row.

It will be a month of reflection as the Royal Family mark one year since the death of Elizabeth

The month will also be one of more serious reflection as the Royal Family mark one year since the death of Elizabeth on Sept. 8. "My mother's reign was unequalled in its duration, its dedication and its devotion," said King Charles, who took the reins at age 73.

Just one day later, his younger son, Prince Harry, is set to kick off the sixth Invictus Games in Düsseldorf, Germany, with wife Meghan by his side.

OCTOBER

Clockwise from top: Kate and William accompany George, Charlotte and Louis on their first day at Lambrook School; a scene from the late Queen's Sept. 19 funeral; Harry and Meghan embrace a winner at the 2022 Invictus Games in The Hague; Anne, Charles and Camilla at the Braemar games.

Princess Eugenie and Jack Brooksbank leave St. George's Chapel after their wedding ceremony on Oct. 12, 2018.

Although temperatures are beginning to drop, Princess Eugenie's heart will be warm with love in October as she celebrates her fifth wedding anniversary with Jack Brooksbank. In the past, the younger daughter of Prince Andrew and Sarah Ferguson has commemorated the special occasion with messages on Instagram. "Happy Anniversary my Jack," Eugenie wrote last year to her husband, with whom she shares son August. "Four years and counting…"

As for King Charles and other senior members of the Royal Family, if last October's packed schedule of ceremonies and formal audiences tells us anything, the month will keep them busy. At the end of October, Prince George, Princess Charlotte and Prince Louis will join millions of British children getting into the Halloween spirit. Last year, Kate's mom, Carole Middleton, revealed that she had grown her own pumpkins at her home in Berkshire, where William and Kate now live with their children. "I'm looking forward to decorating those with my loved ones," said the proud grandma of six (Pippa Middleton has three kids, just like her big sister). ▶

Cheers to 45 years

Zara Tindall will certainly pull out all the stops on Oct. 18, when she helps her husband, Mike Tindall (right), ring in his 45th birthday. Three days earlier, princesses Eugenie and Beatrice will celebrate their mom, Sarah Ferguson, on her 64th.

Left: The Princess of Wales wears a sombre expression as she stands on the balcony of the Foreign, Commonwealth and Development Office to watch Remembrance Sunday proceedings in central London.

The Royal Family gather every November to pay their respects to fallen soldiers

It's an occasion they never miss. Remembrance Sunday sees the Royal Family gather every November to pay their respects to members of the armed forces who died in the line of duty. Last year marked an especially poignant ceremony as it was the first since the death of Elizabeth. Before becoming King, Charles had laid a wreath at the Cenotaph on behalf of his mother since 2017, but 2022 marked the first time he'd led the family as King – an occasion for which he had a brand-new wreath designed to pay tribute to Elizabeth. "Its ribbon bears the King's racing colours; scarlet, purple and gold," Buckingham Palace explained in a statement. The Prince of Wales, meanwhile, laid the wreath used by his father in previous years, while Kate, Princess of Wales, looked on from the balcony with Camilla, Queen Consort. This November, for the second year in a row, we'll see Charles – who replaced his mother as Commander-in-Chief of the U.K. Armed Forces, and Prince Harry as Capt. Gen. of the Royal Marines – lay his wreath at the Cenotaph after participating in two minutes of silence at 11 a.m., followed by his son, Prince William.

Milestone moments

Happy birthday, your Majesty! King Charles (right) celebrates his 75th birthday on Nov. 14, while his niece Lady Louise Windsor (below right), known for having inherited Prince Philip's love of carriage driving, turns 20 on Nov. 8.

King Charles is joined by Princess Anne, Prince William and other members at Remembrance Sunday service, where William lays his father's former wreath on the Cenotaph (below).

THIS PAGE, CLOCKWISE FROM TOP LEFT: MAX MUMBY/GETTY IMAGES; STEFAN ROUSSEAU/GETTY IMAGES; ISABEL INFANTES/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES; STEVE PARSONS/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES
OPPOSITE PAGE, CLOCKWISE FROM LEFT: VICTORIA JONES/GETTY IMAGES; YUI MOK/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES; KIRSTY O'CONNOR/THE CANADIAN PRESS; MAX MUMBY/GETTY IMAGES

Kate shines brightly at the 2022 Diplomatic Reception. Middle right: King Charles and Camilla lead loved ones inside St. Mary Magdalene Church on Christmas Day.

'My children probably wouldn't forgive me!'

– KATE WON'T BE SINGING ANY SOLOS AT THIS YEAR'S CAROL CONCERT

The Princess of Wales is joined at Westminster Abbey by her husband, Prince William, and their two eldest children, Prince George and Princess Charlotte, for her second annual 'Together at Christmas' concert. Perhaps little Louis will make his debut in 2023!

Kicking off the merry season with glamour, the Royal Family will host the annual Diplomatic Reception, which typically takes place near the beginning of the month, at Buckingham Palace. Last year's event saw the Princess of Wales dazzle in a sparkling cherry-red Jenny Packham gown, which she paired with the late Queen's rarely seen Lotus Flower Tiara. Early December will also be filled with love for Princess Anne, who celebrates 31 years of marriage with Vice Admiral Sir Timothy Laurence on Dec. 12.

The festive fun truly begins, however, when Kate hosts her third annual "Together at Christmas" carol service. Having surprised everyone by playing the piano in 2021, the princess has hinted that she won't be wowing us with her vocal abilities any time soon. "My children probably wouldn't forgive me!" Kate joked when 2022 performer Alfie Boe asked if she planned to sing at a future carol service.

As Christmas inches closer, the Royal Family will make their way to Sandringham to celebrate the holidays together. On the schedule is the Christmas Day church service and royal walkabout, followed by Charles's second annual broadcast as King.

Turn the page for your pull-out poster as featured on the Prince and Princess of Wales's Christmas card!

Sweet teens!

Prince Edward and Sophie will celebrate the 16th birthday of their son, James, Viscount Severn (below right) on Dec. 17. Savannah Phillips (above right) – the eldest daughter of Peter Phillips – turns 13 on Dec. 29.

HELLO! CANADA

MATT PORTEOUS

KEEPING HER FAMILY CLOSE

QUEEN MARGRETHE

RELEASES NEW PHOTOS AFTER CONTROVERSIAL DECISION TO REMOVE TITLES

The Danish queen is joined by her sons, Crown Prince Frederik and Prince Joachim, and their wives, in new portraits. 'I always feel great love for my entire family,' she said on New Year's Eve.

Royal blue: Europe's longest reigning monarch celebrates her Golden Jubilee at a September gala. Right: Posing with Frederik and his wife, Crown Princess Mary, the same day.

> 'I am sure that our family can embark on the new year together with confidence'

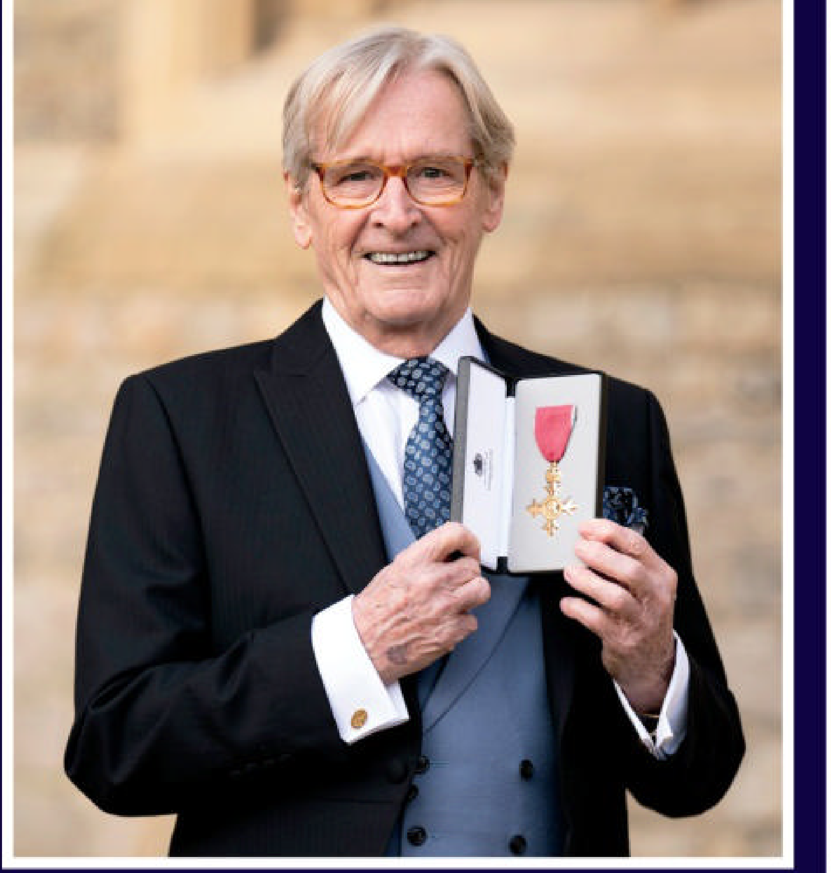
Flanked by both of her children – Crown Prince Frederik, 54, and Prince Joachim, 53 – in newly released portraits, Queen Margrethe of Denmark looks as happy as can be. The photos, which also include Frederik and Joachim's wives, Crown Princess Mary, 50, and Princess Marie, 46, were taken during her Golden Jubilee celebrations last year and present a picture of unity after what has been a difficult time for the family.

In September, the 82-year-old monarch and grandmother of eight announced that she would be stripping her younger son's children of their HRH titles (a measure that took effect on Jan. 1). Although she insisted at the time that it would be "good for them in their future," the decision created a rift, with Joachim stating that Nikolai, 23, Felix, 20, Henrik, 13, and Athena, 10, were "hurt" by her actions.

Since then, he and his mother have been working to repair the relationship. "Communication was what was missing," Joachim told a Danish newspaper in November. "Now we have met and we are on the right track."

The queen warmed to this theme in her New Year's Eve speech. "We have now had a quieter period and time for reflection," she said. "And I am sure that our family can embark on the new year together with confidence, understanding and new courage." H

CLOCKWISE FROM LEFT: PATRICK VAN KATWIJK/GETTY IMAGES; PER MORTEN ABRAHAMSEN/KONGEHUSET (2)



THE KING OF *CORONATION STREET* WILLIAM ROACHE RECEIVES A ROYAL HONOUR AT WINDSOR CASTLE

William Roache is no stranger to royal encounters. He met Queen Elizabeth II seven times and was among the *Coronation Street* cast members on-set when the former Prince Charles, who's a fan of TV's longest-running soap, made a cameo in December 2000.

So it was likely a mutual thrill when Charles, as King, presented the *Street*'s oldest star with an Officer of the Most Excellent Order of the British Empire (OBE), for services to drama and charity, at Windsor Castle.

"It's such a wonderful honour. I can't tell you how proud I am," said the veteran actor, 90, who has played *Corrie* resident Ken Barlow for a record-breaking 62 years and who described the current monarch as "really, really friendly."

Roache said he's fond of the Royal Family because "they always love the humour." When he mentioned to his royal host that his character, Ken, has two ex-girlfriends vying for his attention on the show, "[Charles] said, 'Oh that must have been work.'

I said, 'May I wish you a long and joyful reign, Sir.' And he said, 'Thank you – that will be a lot of work, too!'"

The following day, it was Princess Anne's turn to hand out the honours at Buckingham Palace, where Emmy-winning *Westworld* star Thandiwe Newton, 50, was invested with an OBE. H

'Not still working, are you?' King Charles, 74, quips to the nonagenarian TV star (top left) as he presents him with his OBE. Below: *Coronation Street* stars welcome Charles in 2000. Right: Princess Anne and Thandiwe Newton.

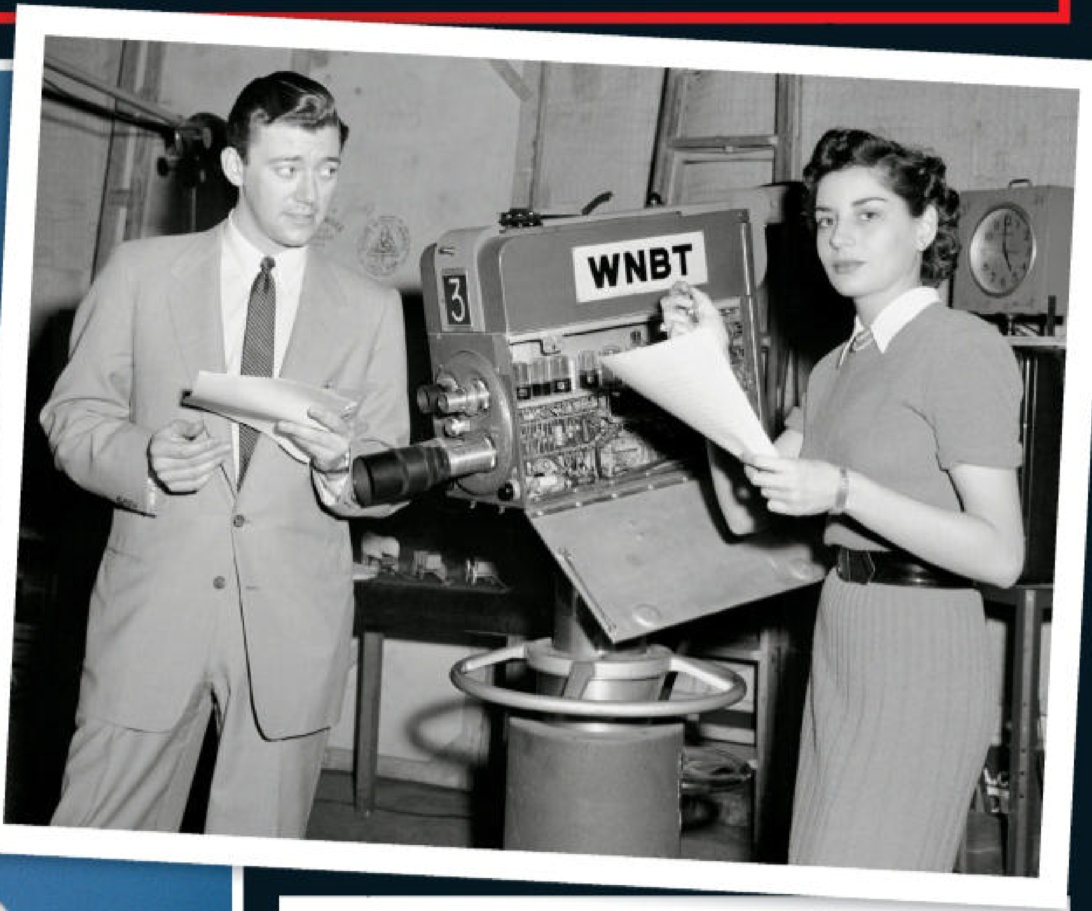
CLOCKWISE FROM TOP LEFT: KIRSTY O'CONNOR/GETTY IMAGES; PA IMAGES/ALAMY; AARON CHOWN/CANADIAN PRESS; DAN CALLISTER/GETTY IMAGES

1929 - 2022

FAREWELL TO 'THE QUEEN OF TELEVISION'

BARBARA WALTERS

THE TRAILBLAZER AND FEARLESS INTERVIEWER WANTED TO BE REMEMBERED AS A 'GOOD AND LOVING MOTHER'



Getting her start behind the scenes (top right, in 1953, as producer of *Ask the Camera* with host Sandy Becker), Barbara broke through TV's 'glass ceiling' in 1974 as the first female co-host of the *Today* show (above, in 1969) and, later, the first co-anchor of a nightly news program, *ABC Evening News* – which also made her TV's highest-paid news personality. In 1997, she created the popular daytime talk show *The View* (opposite top).

She asked Justin Bieber if he was girl crazy, quizzed Bill Clinton about what kept him up at night and said to Mariah Carey, "Are you a diva?" When it came to getting the world's biggest stars to open up, be vulnerable and even shed tears, no one did it better than legendary TV journalist Barbara Walters, who died peacefully at her Manhattan home at 93 on Dec. 30. And as Hollywood mourned her passing, generations of women who followed in her footsteps – not to mention legions of fans and former interviewees – marvelled at just how brave, influential and beloved she was.

"Without Barbara Walters, there wouldn't have been me – nor any other woman you see on evening, morning and daily news. She was indeed a trailblazer," shared Oprah Winfrey, who once admitted that she channelled the former *Today* and *ABC Evening News* co-anchor during her first years on TV. "I pretended to be her. I sat like Barbara. I crossed my legs like Barbara. I tried to talk like Barbara."

Fellow broadcaster Katie Couric deemed her one-time competitor fearless, saying, "That's what made her interviews so mesmerizing and ultimately revealing." And Barbara's former co-hosts on *The View* sung her praises. Rosie O'Donnell called her a legend, Star Jones remembered her as a "sister ... mother ... friend ... colleague ... mentor," and Ana Navarro said, "I never met the Queen of England, but I got to meet the Queen of Television, and it was all I could do not to curtsy."

CLOCKWISE FROM LEFT: NBC NEWSWIRE/GETTY IMAGES; NBC NEWSWIRE/GETTY IMAGES NBC/GETTY IMAGES; ABC/EVERETT COLLECTION; JAMIE MCCARTHY/GETTY IMAGES; VIRGINIA SHERWOOD/GETTY IMAGES; STEVE FENN/GETTY IMAGES; EVERETT COLLECTION/CANADIAN PRESS

'When I'm interviewing, I have no fear! In my private life, I'm much more "coulda-shoulda-woulda"'

A STAR-STUDDED START

Born in Boston on Sept. 25, 1929, Barbara grew up around show business. Her father, a nightclub impresario, moved their family to New York City in the 1940s to produce *The Ziegfeld Follies* on Broadway, opening the famous Latin Quarter nightclub in 1942. "I met so many stars: Frank Sinatra, Milton Berle, Sophie Tucker," she once recalled. "It was very glamorous on the surface, but I knew they had problems and difficulties. So I've never been in awe of celebrities." ▶

Barbara was a skilled interviewer who unnerved her subjects yet at the same time put them at ease. She questioned Fidel Castro's definition of freedom; asked Michael Jackson if he liked being a father; and became friends with Monica Lewinsky after their bombshell interview. 'Barbara will be missed by many – including me,' says Monica.

FIDEL CASTRO, 1977

MICHAEL JACKSON, 1997

MONICA LEWINSKY, 1999

A multiple Emmy nominee and winner, Barbara (above in 1975) says being a good mom to her only child, Jackie (left), is her most important legacy. Below: Sharing smiles with another former *Today* host, Katie Couric; her dear friend Bette Midler; and fellow talk-show legend Oprah Winfrey, who says she wouldn't be who she is if it hadn't been for Barbara.

'I sat like Barbara. I crossed my legs like Barbara. I tried to talk like Barbara' - *OPRAH*

Unfazed by almost any situation, she was a natural in the nascent industry of television, enjoying a meteoric rise and becoming the first female co-host of *Today* in 1974, moving to ABC's evening news program in 1976. Her popular prime-time specials made her a staple in American living rooms and she later found a home on the newsmagazine show *20/20* and created the daytime talk show *The View* in 1997, once again bringing women's voices to the forefront.

BEHIND THE SCENES

For all her success, Barbara hoped her biggest impact would be off-screen. "I want to be remembered by my daughter as a good and loving mother," she said in her 2014 retirement special, referring to her only child, Jackie, 54, whom she adopted with theatre producer Lee Guber, Barbara's second husband. (She was also married to businessman Robert Henry Katz and TV producer Merv Adelson.) While the Emmy winner wished she had spent more time with her daughter when she was young, the two became very close later in life. "She's a great mom," Jackie said in 2002.

As well as being a loving mother, Barbara was a loyal friend. She had a lifelong bond with her fellow trailblazer Joan Rivers. And she adored Bette Midler, who reduced Barbara to tears by singing "The Glory of Love" on her final episode of *The View* in 2014 (the same year that Joan died). Thinking back to that moment and all the special times they shared, Bette, 77, wrote, "She always made me cry during interviews, and I'm crying now. Rest in peace."

REPORT: SHANDA DEZIEL

CLOCKWISE FROM TOP LEFT: NBC NEWSWIRE/GETTY IMAGES; ABC PHOTO ARCHIVES/GETTY IMAGES; HEIDI GUTMAN/GETTY IMAGES; ABC PHOTO ARCHIVES/GETTY IMAGES; DONNA SVENNEVIK/GETTY IMAGES

1. SARA BAREILLES

Wedding bells will ring for "Love Song" singer

Sara Bareilles ended the year on a high note, with news of her engagement to actor Joe Tippett, 40. "Yes to marrying this man," the singer and actress, 43, wrote in a Dec. 31 post. "It's an easy, earned, relaxed YES." Longtime loves, the pair met in 2015 while developing Broadway-bound *Waitress,* which features her music and lyrics. "Let the games begin," added Sara. "Onward into absolutely everything with you."

2. EUGENE LEVY

Among 99 Order of Canada honourees

A homegrown honour was bestowed on screen star Eugene Levy, 76, as he was promoted to Companion of the Order of Canada "for elevating the stature of Canadian television on the international stage." The *Schitt's Creek* star (a Member of the Order of Canada since 2011) was among 99 honourees announced by Gov. Gen. Mary Simon on Dec. 29. Also among them: NHL great Sidney Crosby and actor Victor Garber.

Quote of the week

"I'm very thrilled and very touched by the love that's come from you…I will do my very best to be worthy. For now good night and thank you and much love, from Sir Bri"

Queen guitarist **Brian May**, 75, thanks fans for their congratulatory messages after his knighthood is announced in King Charles's New Years Honours list

3. JEREMY RENNER

Hospitalized following accident in Nevada

Avengers star Jeremy Renner, 52, is in "critical but stable condition" after emergency surgery following a snow-plowing accident in Reno, Nev. According to reports, the father of one (he shares daughter Ava, 9, with his ex-wife, Sonni Pacheco), who owns a property in the area, was air-lifted to a local hospital for treatment of "blunt chest trauma and orthopedic injuries." Said a representative: "His family is with him and he is receiving excellent care."

4. MARTINA NAVRATILOVA

Tennis great faces "serious" health battle

Legendary tennis star Martina Navratilova, 66, went public with a new health battle, revealing she's been diagnosed with breast cancer and stage 1 throat cancer. "This double whammy is serious but still fixable," she told the Women's Tennis Association, emphasizing that the diseases are in very early stages. "I'll fight with all I have got," added Martina, who overcame breast cancer once before, in 2010, four years after retiring from the sport she loves.

LEFT TO RIGHT, TOP TO BOTTOM: RAYMOND HALL/GETTY IMAGES; GIOVANNI GIANNONI/WWD/GETTY IMAGES; STEVEN FERDMAN/GETTY IMAGES; CHARLES SYKES/BRAVO/GETTY IMAGES; RODIN ECKENROTH/GETTY IMAGES; KARWAI TANG/GETTY IMAGES; STEPHANE CARDINALE/GETTY IMAGES; GIOVANNI GIANNONI/WWD/GETTY IMAGES

5. ANITA POINTER

Pointer Sisters star succumbs to cancer at 74

The music world is mourning Anita Pointer, who died at home in California on Dec. 31 after a battle with cancer. One of the three Pointer Sisters (there were four until 1977, when Bonnie went solo), Anita wrote and sang lead on many of the group's biggest hits including "Fire" (1978) and "I'm So Excited" (1982). The twice-married mother of one (her daughter, Jada, died of cancer in 2003 at age 37) is survived by her eldest sister, Ruth, and two brothers.

6. MARIE DUCRUET

A Monaco royal baby is on the way

Excitement is growing within Monaco's royal family as Prince Stephanie's son Louis Ducruet and his wife, Marie, await the arrival of their first child, a girl. "Goodbye 20s, welcome big belly," posted Marie on her 30th birthday alongside a photo that shows her cradling her baby bump. She and Louis, 30 (whose father is Stephanie's ex-husband Daniel Ducruet), met in business school in 2011 and wed in 2019. The baby will be 16th in line to the Monegasque throne.

IN THE SPOTLIGHT

Remembering Dame Vivienne Westwood

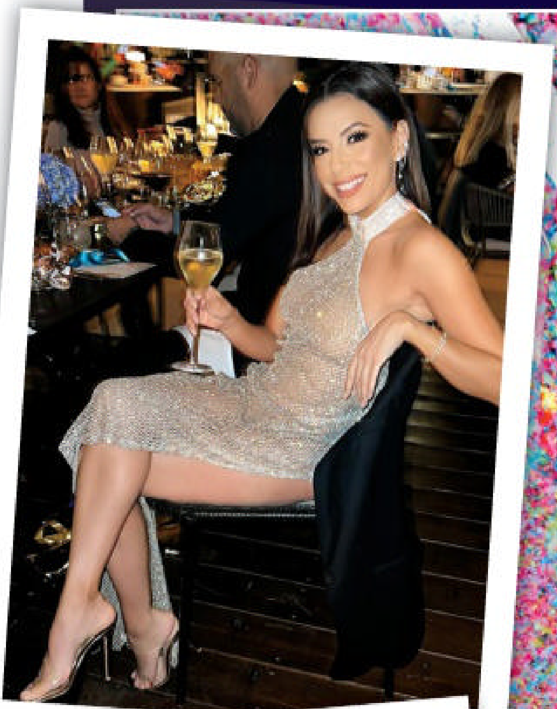
Fashion lovers everywhere took a collective pause on hearing that British designer and environmental activist Dame Vivienne Westwood had died peacefully at her London home on Dec. 29 surrounded by loved ones. She was 81.

"Vivienne invented historic fashion design moments that woke us all up and shook the industry to its core," shared Stella McCartney in a heartfelt post.

Hailed by singer Boy George as "the undisputed queen of British fashion," Vivienne rose to fame in the 1970s alongside then-partner Malcolm McLaren (manager of the *Sex Pistols*). Their androgynous designs and slogan T-shirts defined the punk generation and emboldened Vivienne's avant-garde attitude.

She later reinvented herself as master of Harris Tweed, period-inspired dress and wedding gowns, and was a favourite designer of celebrities and royals, including princesses Eugenie and Beatrice.

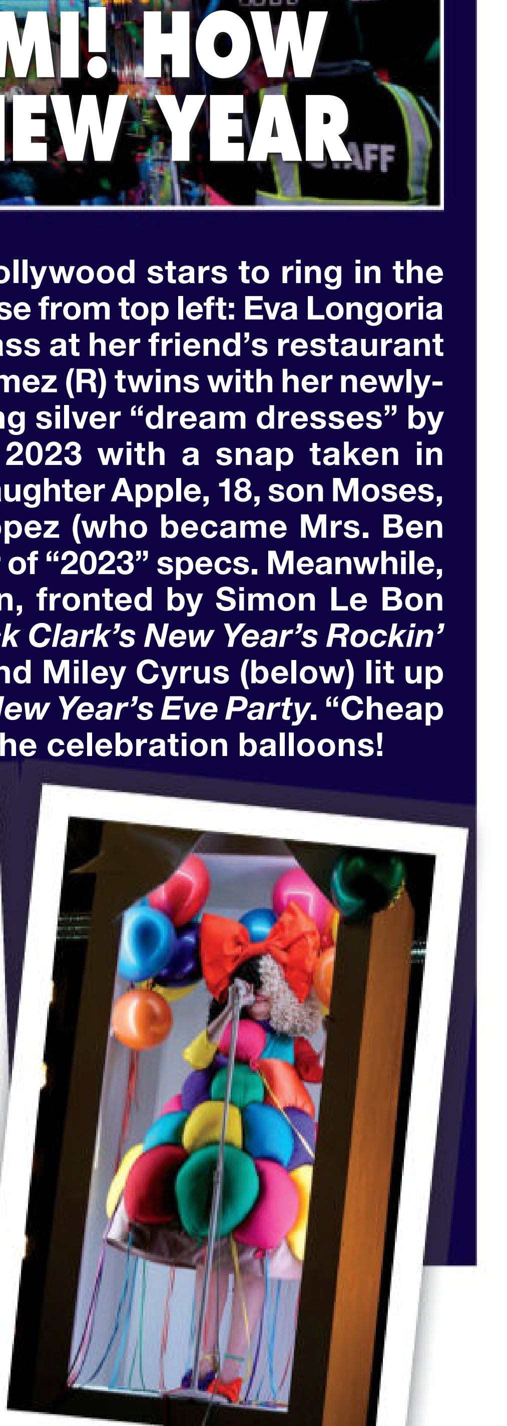
Vivienne leaves behind husband and creative partner Andreas Kronthaler, 56, and two sons.



2023
Happy New Year
LIVE FULLY CHARGED

FROM MARBELLA TO MIAMI! HOW THE STARS RANG IN THE NEW YEAR

We can always count on our favourite Hollywood stars to ring in the New Year with a little extra glitter! Clockwise from top left: Eva Longoria Bastón dons a sparkly frock to raise a glass at her friend's restaurant in the Spanish city of Marbella; Selena Gomez (R) twins with her newlywed pal Nicola Peltz Beckham in matching silver "dream dresses" by Valentino in Cabo, Mexico; welcoming 2023 with a snap taken in Barbados, Gwyneth Paltrow poses with daughter Apple, 18, son Moses, 16, and mom Blythe Danner; Jennifer Lopez (who became Mrs. Ben Affleck in 2022) looks to the future in a pair of "2023" specs. Meanwhile, legendary British pop band Duran Duran, fronted by Simon Le Bon (left), had the crowd going wild during *Dick Clark's New Year's Rockin' Eve* at Times Square, and Dolly Parton and Miley Cyrus (below) lit up the stage in Miami as co-hosts of NBC's *New Year's Eve Party*. "Cheap Thrills" singer Sia (below right) brought the celebration balloons!



CLOCKWISE FROM MAIN: GOTHAM/GETTY IMAGES; NICOLA PELTZ BECKHAM/INSTAGRAM; GWYNETH PALTROW/INSTAGRAM; JEFF DALY/NBC/GETTY IMAGES; VIJAT MOHINDRA/NBC/GETTY IMAGES; NOAM GALAI/GETTY IMAGES; JENNIFER LOPEZ/INSTAGRAM; EVA LONGORIA/INSTAGRAM

Help Us help others

everyone deserves to have hope

At Our Place, we provide:
• Meals • Housing & Shelter
• Addiction Services • Hot Showers
• Clean Underwear • Dry Socks
• Feminine Hygiene • so much more

ourplace

Hope and Belonging

Ranked a top charity by Charity Intelligence
Registered Canadian Charity # 82709 8344 RR0001

Donate Today: ourplacesociety.com

HELLO! HOROSCOPES

BY OSCAR CAINER

CAPRICORN

Dec. 22 - Jan. 20

You're right to be proud of your abilities. You can't solve every problem that comes your way, but you're not too proud to admit to being out of your depth, which means you don't delude anyone. If you're unsure about anything this week, admit it. It will give someone else a chance to share their skills and, together, you'll solve a problem. It may also deepen a bond in a delightful way.

IMELDA STAUNTON TURNS 67 ON JAN. 9

VIRGO

Aug. 24 - Sept. 23

Something's changed. You're not certain about what you're feeling. But a series of intense encounters has caused you to question yourself and your assumptions. Although this has made you feel vulnerable, it has also led to a growing sense of excitement. If you allow yourself to grow, you can step away from the metaphorical suit of armour that's been weighing you down and enjoy a new lightness of being.

AQUARIUS

Jan. 21 - Feb. 19

Here's a cake I made. Would you like a slice? Go on, have as much as you like. Miraculously, it's self-replenishing! In real life, we're not meant to be able to have our cake and eat it, too. But with Venus settling into your sign, the cosmos brings abundance as you enter the new year. Just because too much of a good thing will eventually be bad for you doesn't mean you can't enjoy what's on offer now.

PISCES

Feb. 20 - March 20

Sometimes we need to take action; sometimes we need to hold back. But it gets tricky when we don't know which of those times this is! You're dealing with a situation that has left you unsure. Should you commit, or wait patiently and let things unfold? The truth is that you need to take action and be patient. Make a change, but try not to envision the result. Wait… and the best outcome will ensue.

ARIES

March 21 - April 20

You've been struggling to set your own agenda and to separate your problems from someone else's. It is as if you've had no choice but to conform to their wishes and demands. That's about to change. As your ruler links with Venus before moving forward once again, you're empowered to set boundaries and address an imbalance of power. If you're clear about where you stand, you'll rekindle your enthusiasm.

TAURUS

April 21 - May 21

If you want to look 10 years younger, you can either invest in a cosmetic procedure or make a brave decision. While the first is temporary and costly, the other will keep you young and might even make you wealthier! So is it difficult? No! This week, as your ruler, Venus, links to Mars, it allows you to see what matters most and commit to it. This will change how you look and feel in every way.

FOR YOUR **COMPLETELY FREE** AUDIO AND VIDEO FORECASTS, GO TO CAFREE.CAINER.COM

GEMINI

May 22 - June 22

The trouble with being adaptable is that we find ways to put up with more situations than we should. Some people endure living beside noisy neighbours or looking at wallpaper they can't stand for years. If we can manage that, no wonder we can also manage to live with adversity. Are you putting up with more than you should? This week, it's time to pull back the curtains and let the sun stream in.

CANCER

June 23 - July 23

Grab your magnifying glass and start looking for clues – a mystery's unfolding, and it's to your advantage to solve it. First, though, you need to decide what kind of detective you're going to be. If you don't consider yourself the type of person who jumps to obvious (wrong) conclusions, you'll need to draw on your intuition. Believe in your ability to form accurate appraisals. This case reveals a vital clue to your future.

LEO

July 24 - Aug. 23

From hope, generosity and positive energy to stress, strife and hardship, life offers us a smorgasbord of tastes and experiences. But how can it be full of all those things at the same time? And if it's "full," why does it sometimes feel empty? As Mars and Venus link, you receive a boost of self-confidence. It enables you to see that a situation that's been worrying you is easy (and quick) to deal with.

LIBRA

Sept. 24 - Oct. 23

If you look for it, you can locate beauty in the unlikeliest of places. There's hope to be found amid disappointment, and magic to be discovered in the humdrum details of everyday life. This week, you find yourself having to deal with matters you'd rather put off. But the Mars-Venus link puts you in a powerful position. Every cloud has a silver lining, and by changing how you look at things, you'll unearth treasure.

SCORPIO

Oct. 24 - Nov. 22

Although laziness and foolishness share similarities, they're very different. It's hard to figure out which is at work because both lead to mistakes. You're sorting out a sticky situation. It would be easier if you knew why someone's acting in an unhelpful way. Are they being deliberately uncooperative? Or accidentally obstructive? Before you act, make sure you're certain. They might be doing their best.

SAGITTARIUS

Nov. 23 - Dec. 21

If it's true that "you are what you eat," I must be a margherita pizza. How about you? They also say "you become the company you keep." Let's hope this isn't true, either, or we could both be in trouble! The fact is, we can't be fundamentally altered. There's a situation in your world you must act on. Eat what you like, talk to whoever you want and let no one hijack your plans – they're yours, and they're great.

PUZZLE SOLUTIONS

JANUARY 2 (852/853)

CROSSWORD

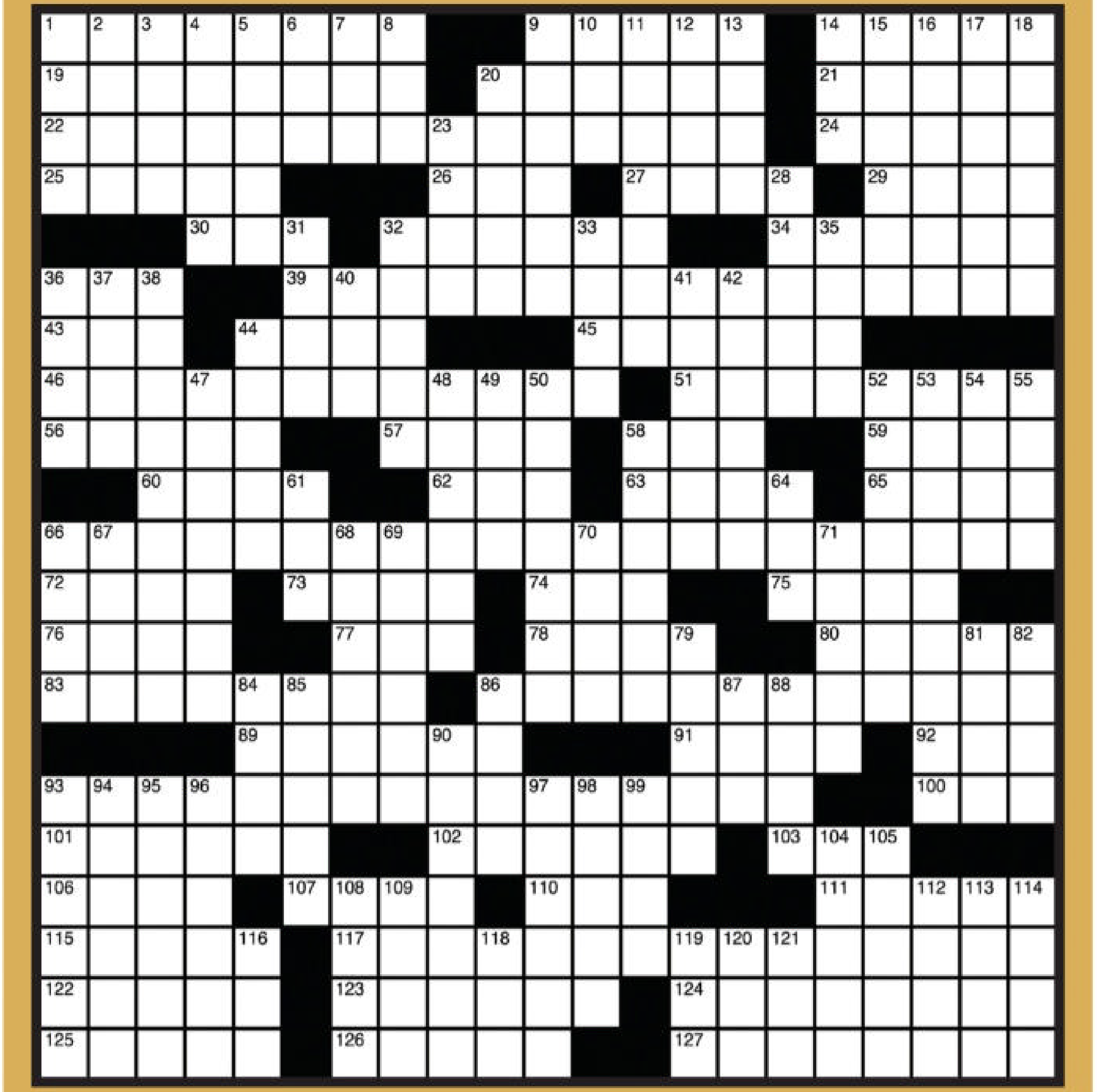
S	L	A	T	■	A	S	I	A	■	E	G	G	S	■	T	A	T	T	L	E
C	A	B	O	■	P	E	N	D	■	T	O	R	I	■	O	B	E	R	O	N
O	V	E	R	T	H	E	C	O	U	N	T	E	R	C	U	L	T	U	R	E
W	A	L	T	Z	I	N	■	■	P	A	C	T	■	A	T	E	E	T	E	R
■	■	■	■	O	D	I	S	T	S	■	H	E	A	L	■	■	■	H	A	G
A	G	A	I	N	S	T	T	H	E	W	A	L	L	M	A	P	■	B	L	Y
P	R	I	C	E	■	■	Y	E	T	I	■	■	A	S	P	I	R	E	■	■
R	I	D	E	■	P	A	L	M	■	R	A	E	■	■	S	N	A	T	C	H
■	P	A	S	T	O	N	E	S	B	E	D	T	I	M	E	S	T	O	R	Y
■	■	■	■	R	I	G	■	■	A	D	R	A	T	E	S	■	S	L	A	P
O	H	B	O	Y	■	O	A	F	S	■	I	L	S	A	■	L	O	D	G	E
D	I	E	U	■	A	R	M	O	I	R	E	■	■	N	S	A	■	■	■	■
O	F	F	T	H	E	A	I	R	C	O	N	D	I	T	I	O	N	E	R	■
R	I	O	T	E	R	■	■	T	S	A	■	E	N	O	S	■	C	A	A	N
■	■	R	A	R	I	N	G	■	■	S	O	F	A	■	■	L	A	R	G	O
W	W	E	■	B	E	Y	O	N	D	T	H	E	P	A	L	E	A	L	E	S
H	E	P	■	■	■	L	A	I	R	■	A	R	T	P	O	P	■	■	■	■
O	T	H	E	L	L	O	■	S	E	A	R	■	■	R	O	E	B	U	C	K
A	B	O	V	E	O	N	E	S	S	T	A	T	I	O	N	W	A	G	O	N
M	A	T	A	T	A	■	V	A	S	T	■	A	N	N	I	■	S	L	O	E
I	R	O	N	O	N	■	E	N	Y	A	■	B	A	S	E	■	K	Y	L	E

SUDOKU

3	7	5	4	1	9	2	6	8
6	1	2	8	5	7	3	9	4
8	4	9	2	6	3	1	7	5
7	5	8	1	3	4	6	2	9
4	2	1	6	9	8	7	5	3
9	3	6	5	7	2	8	4	1
5	9	3	7	2	1	4	8	6
2	6	4	3	8	5	9	1	7
1	8	7	9	4	6	5	3	2

STEFANIA D'ALESSANDRO/GETTY IMAGES

IT'S A MOUSE!



CROSSWORD BY BRAD WIEGMANN

ACROSS

1 Unwelcome omens
9 Sussed (out)
14 WWII sea threat
19 Pollution legislation goal
20 NutraSweet developer
21 Bankrolls
22 One who's a really big fan of promos and trailers?
24 Store employee
25 Walk heavily
26 Untruth
27 "Your guide to a better future" site
29 Best of the best, initially
30 Balance sheet abbr.
32 Styling aid
34 Weighs on
36 Main squeeze
39 Go along with harsh criticism of an ancient Athenian?
43 Like granita and 42-Down
44 Plum kin
45 Completely overhauled
46 Annual stint at a Buckingham Palace time-share?
51 Attributed
56 Leaf under a petal
57 Fat used in baking
58 Lyft alternative
59 Lyft offer
60 Apple device that might have a Smart Cover
62 Mauna __
63 *Minecraft* resources
65 Sea eagles
66 Story about a Disney girl who climbs Mount Everest?
72 Brazos River city
73 Fellows
74 Trail mix morsel
75 Harbour, perhaps
76 Hardly __: rarely
77 Lily of France garment
78 Periods often named for leaders
80 Seal sounds
83 *1984* superstate
86 Expensive block for a woodworking apprentice?
89 Gershwin classic
91 *Sunday Night Baseball* analyst, familiarly
92 Oscar winner Mahershala
93 Poultry dish served in a Punjabi restaurant?
100 Study
101 State of rest
102 Didn't work out
103 "Not buying it"
106 Aloha Tower island
107 Dog who visits Oz
110 NFL scores
111 Springs
115 Embellish
117 Shop selling gold earrings and bandanas?
122 Mozart's "Così fan __"
123 Buck horn
124 Words said with an eye roll
125 Informal "What if . . ."
126 Surgical beam
127 Jazz headliners?

DOWN

1 Confidentially informs
2 Often
3 Trial version
4 Hagar of Van Halen
5 Bumbling
6 Needlefish
7 Actor Cage, informally
8 __ Lanka
9 Take down
10 Lock insert
11 Pave the way for
12 Panache
13 Feint on the ice
14 Mixed martial arts org.
15 Tabbouleh wheat
16 Low tie
17 Cost for an online pop-up, e.g.
18 "Shame on you!"
20 Goo made at home with glue, food colouring and saline solution
23 Lotion additive
28 Scottish feudal lord
31 *The Voice* host Carson
32 Green shampoo
33 Nerdy sort
35 Like much brandy
36 Routine parts
37 Tylenol target
38 See-through devices?
40 Smallest state in India
41 Security checkpoint request
42 Granita kin
44 Pool-heating option
47 Bond that promotes easy communication
48 Polish Solidarity hero Lech
49 Mythical matchmaker
50 Lou Grant player
52 "To reiterate ..."
53 Goodyear surface
54 Novelist O'Brien
55 Workstation
58 Claritin rival
61 Archaeological site
64 __ cha beef: stir-fry dish
66 Oh-so-precious
67 "__ Nagila"
68 Africa's __ Desert: eastern region of the Sahara
69 2021 title role for Peter Dinklage
70 Vibe
71 Died down
79 Unflappable
81 Leaves in smoothies
82 Hide
84 Makes a request
85 Like dessert wines
86 Fur-protesting group
87 Irritate
88 Sportscaster Linda
90 Sincere attempts
93 Dalmatians, e.g.
94 Be in charge of
95 Old Apple app for pics
96 Woos
97 Player who doesn't mind making bloopers?
98 Church leader
99 Brief meeting?
104 Singers below mezzo-sopranos
105 *Money* __: Spanish TV drama
108 Fall birthstone
109 Fey of *Mean Girls*
112 Bluish hue
113 Copycats?
114 Spots
116 Once named
118 Blond __
119 Recycling __
120 Govt. fiscal monitor
121 Mex. neighbour

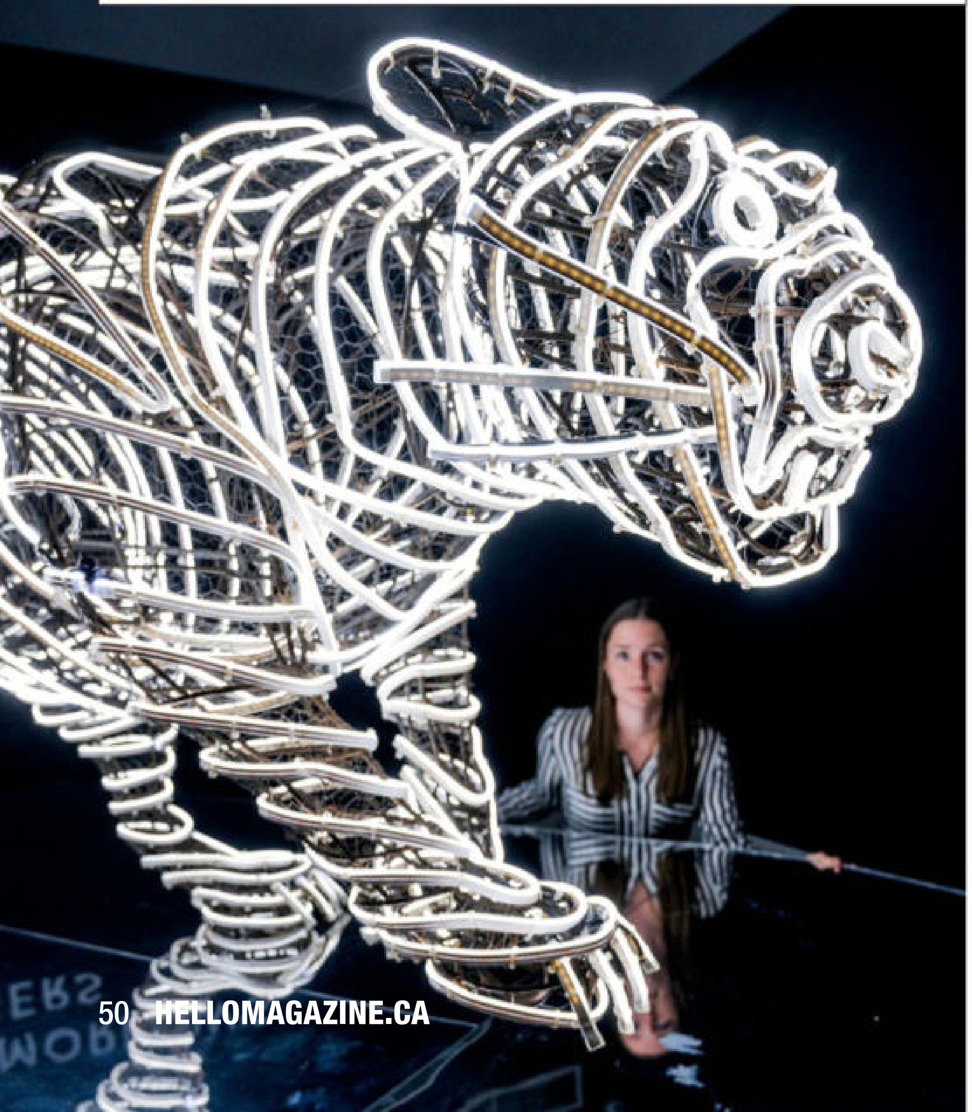
SUDOKU

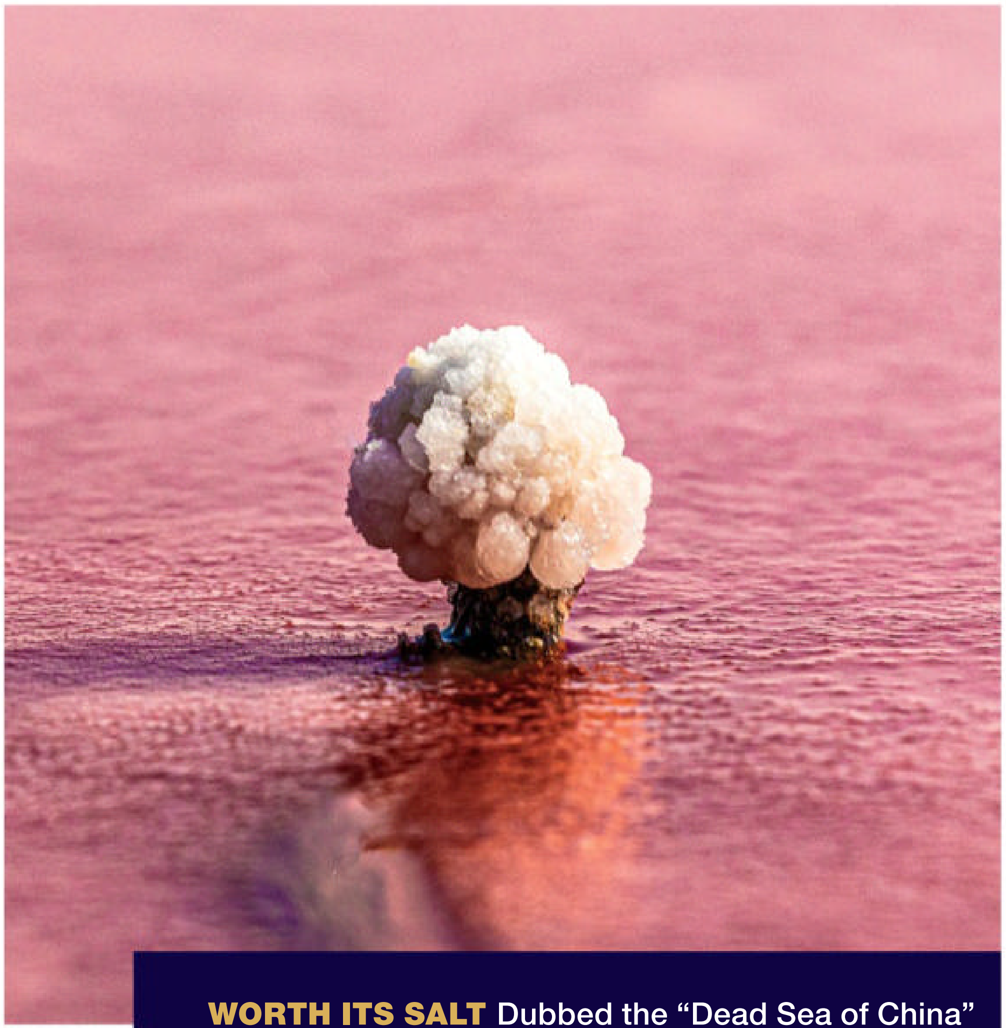
					1	3		8
3							4	
	6		5			1		
2				1		9		
9	1						7	3
		6		2				5
		8			6		5	
	3							2
6		2	7					

CROSSWORD ©2023 TRIBUNE CONTENT AGENCY, LLC.

THE ICEMAN COMETH Frosty has arrived on the banks of the Songhua River in Harbin, China. But this jolly happy soul – who stands 18 m high and is made of 2,000 cubic m of snow – is just the tip of the iceberg. More amazing frozen artworks are on display at the city's Ice and Snow Festival until February. Catch them if you can!

COOL CAT British artist Chila Kumari Burman created neon sculpture *My Tiger Janu* to coincide with 2022's Year of the Tiger, but its relevance lives on. "Their ability to survive despite human intervention inspires my creative process," she says. "These majestic creatures have, to me, become symbolic of survival."





WORTH ITS SALT Dubbed the "Dead Sea of China" (after the famous body of water in the Middle East), Yuncheng's colourful Salt Lake has a sodium ratio so high that you can float without sinking. It's also one of China's primary sources of salt. Here, we see a close-up of crystals forming on the lake's frozen surface.

LET IT GLOW It may not be tulip season in Los Angeles, but the city's Descanso Gardens have found a way to incorporate flower power into the holidays. The park's Enchanted Forest of Light includes a woodland trail lined with unique petal-themed lighting installations, zen-like music and even a winter chill (at least in the eyes of Californians), as temperatures in this area drop as low as 6°C.

WHAT ON EARTH? Hanging at the Royal Palace in Stockholm, the *Gaia* installation is actually 1.8 million times smaller than the real Earth. British artist Luke Jerram used NASA imagery to recreate what astronauts see and feel from space, including "a profound understanding of the interconnection of all life."

FROST BITE Easy to spot and tasty to eat, the red berries of the rowan tree (also known as the mountain-ash) are a favourite of China's feathery friends. The fruit – which migratory birds can spot while flying above – helps give them the energy they need for their long journey south.

CLOCKWISE FROM TOP LEFT: VCG/GETTY IMAGES; DAVID MCNEW/GETTY IMAGES; VCG/GETTY IMAGES; ANDERS WIKLUND/GETTY IMAGES; VCG/GETTY IMAGES; GUY BELL/SHUTTERSTOCK

Exclusive

DREW BARRYMORE

WHAT'S COOKING

The actress, talk-show host and mom of two is bringing affordable elegance into the kitchen

In stylish matte finishes and a palette of Sage Green, Cornflower Blue, White Icing and Black Sesame, the Beautiful by Drew Barrymore kitchenware line is available at Walmart Canada.

One of Hollywood's few child actors to successfully transition into having an adult film career, Drew Barrymore, 47, has been winning our hearts onscreen for decades.

Now, the multifaceted star of *E.T.*, *The Wedding Singer* and *Charlie's Angels* is immersed in her third act – and one of the central themes is food. The single mom to daughters Olive, 10, and Frankie, 8, made a life-changing pivot during the pandemic to launch *The Drew Barrymore Show*, currently the

THE DREW BARRYMORE SHOW/ INSTAGRAM

SON OF A SOUTHERN CHEF
PLENTY MORE
OTTOLENGHI SIMPLE

'Why not make elegant objects that look good on your kitchen counter?'

fastest-growing show on daytime TV. On it, she interviews A-listers ranging from Katy Perry and Cameron Diaz to Joe and Jill Biden (she visited the U.S. President and his wife at the White House in December), while also covering lifestyle topics and cooking with her guests alongside Pilar Valdes, who became her personal chef in 2018.

Tapping into the popularity of the show's food segments, in 2021 Drew co-wrote a bestselling cookbook with Pilar, *Rebel Homemaker: Food, Family, Life*. Then, she teamed with Walmart to launch Beautiful by Drew Barrymore, a kitchenware collection featuring retro-inspired appliances and utensils that make cooking a breeze.

As she takes over the culinary world, the curious, creative entrepreneur shares her inspiration for the line and tells *Hello! Canada* how she uses it with her daughters. ▶

The Drew Barrymore Show has more than 400 episodes in the bank. Since its launch in September 2020, it's featured everyone from Cameron Diaz and President Joe Biden to the cast of *Emily in Paris*.

> ‘The TriZone Air Fryer is a dinner-time game changer’

What’s the inspiration behind your Beautiful by Drew Barrymore line? Why not make elegant objects that look good on your kitchen counter? We partnered with Walmart Canada and top designers to create a soft matte finish, gorgeous gold hardware (which is also dishwasher safe) and a touchscreen that only illuminates when you need it. The affordability piece was huge for us. Our vision was to create kitchenware that combines high performance with a premium design.

What is your most-used item from the collection? The 9QT TriZone Air Fryer in my fave colour, sage. It’s a dinner-time game changer!

Are there any recipes or food prep traditions that have special meaning for you and your daughters? It’s so fun for me to cook with my kids, and I always get messy about it. We love to bake and spend time in the kitchen together.

Any tips for parents of picky eaters? My food journey since becoming a mom has been overly aspirational. I’m just another parent trying to feed my kids and do the best I can. Some days I fail and some days I feel like I succeed. The one thing we do together is grocery shopping. When they help pick out the food and make the meals, they’re more invested.

Who or what inspires you most when it comes to food? My culinary partner in crime, chef Pilar Valdes. Working on my more-than-a-cookbook, *Rebel Homemaker*, was such an incredible journey. I feel so lucky that we are keeping the party going and having new food adventures together on *The Drew Barrymore Show*.

If you were going to make a dish for a date, what would it be? Maybe spring ceviche with lime, red onion and cilantro [a shrimp dish from Drew’s cookbook]. It’s always good to know where people stand on cilantro. It can be very polarizing.

Beautiful by Drew Barrymore includes a coffee maker, blender, stand mixer, toaster, electric kettle and two sizes of air fryers – not to mention a whole range of cooking utensils.

> ‘I’m just another parent trying to feed my kids and do the best I can’

You’ve dipped your toe into just about everything – from acting, directing, producing and talk-show hosting to creating a cookbook and, now, your own cookware brand. When you’ve done it all, who do you look up to? I look up to my daughters, Olive and Frankie. Being a mom has taught me so much and is my favourite stage of life.

What about movies or books that have taught you something important? *Still Life With Woodpecker* by Tom Robbins. It’s a love story filled with poetic analogy. The book poses the question, “How do you make love stay?” And the psychedelic, fun and adventurous way in which Tom goes about the exploration of this question is like a fairytale for wild adults. H

INTERVIEW: ANDREA KARR
PHOTOS: GRAYDON HERRIOTT

DREW IN 60 seconds

TOP SHOW
Euphoria is my favourite show to binge right now.

GO-TO SNACK
Meatless Chik’n nuggets

NEW YEAR’S RESOLUTION
To find balance.

FAVOURITE DESTINATION
Hawaii.

SONG THAT CAN TOTALLY ALTER HER MOOD
The Beastie Boys’ song “Paul Revere” is my go-to when I do karaoke. I feel like it can pick you up and make you happy!

FROM LEFT TO RIGHT: HBO; ISTOCK (2); MICHEL DELSOL/GETTY IMAGES

Get the latest on the A-list

Stay in the know wherever you go, with our *HELLO! Canada* newsletter

Whether it's fashion & beauty or celebrities & royalty, you'll always be in the loop when you subscribe to our *HELLO! Canada* newsletter.

Our free e-newsletter delivers the inside scoop on personalities, events and trends, right to your inbox. Plus, get special promotions that you're sure to love. So, what are you waiting for?

HELLO! CANADA

Sign up today at
hellomagazine.ca/newsletter

STYLE

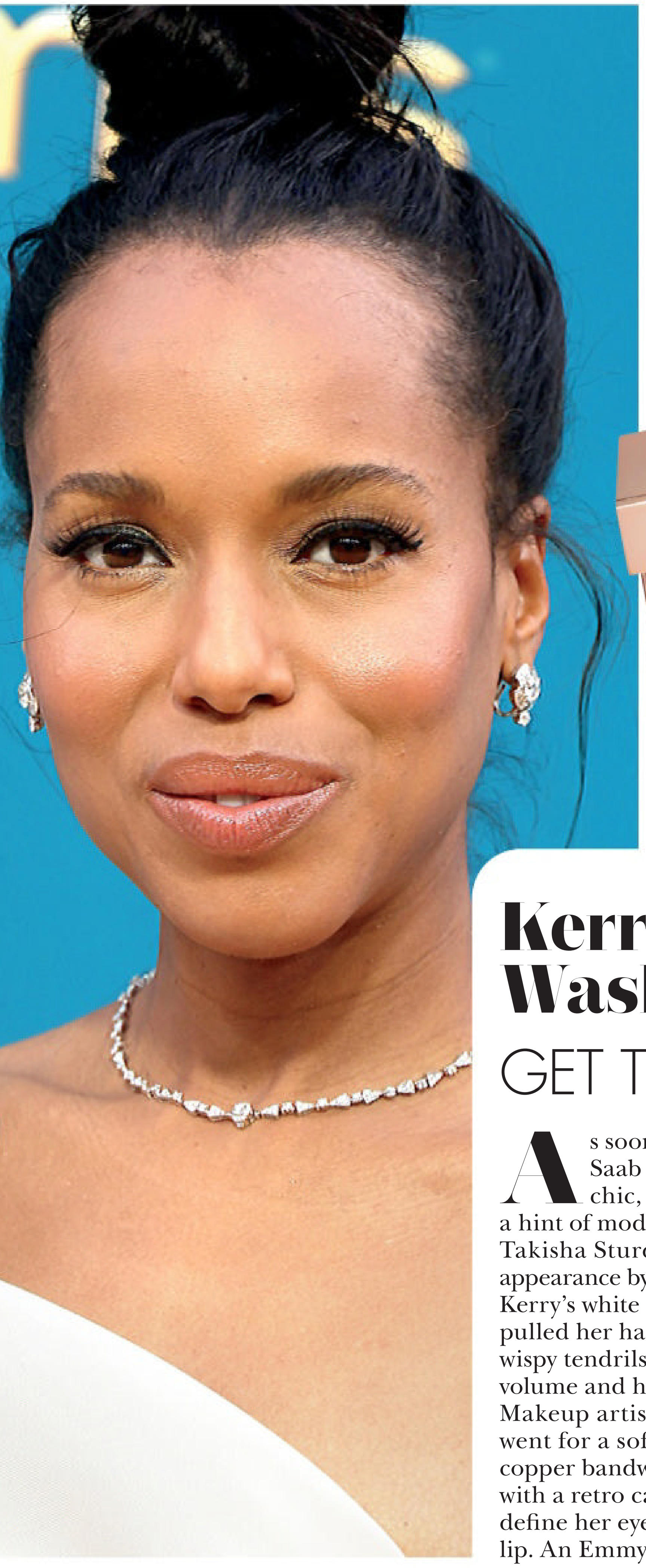
FASHION | WELLNESS | HOME

Lise Watier Rouge Fondant Suprême in Marina, $31, *watier.com*

Merit Brow 1980 in Soft Black, $31, *meritbeauty.com*

NYX Professional Makeup Jumbo Lash! Vegan False Lashes in Ego Flare, $16, *nyxcosmetics.ca*

Pixi + Hello Kitty Eye Effects, $32, *ca.pixibeauty.com*



MOMODU MANSARAY/GETTY IMAGES

Essence Lash Princess Liner in Black, $5, *shoppersdrugmart.ca*

Patrick Ta Major Beauty Headlines Double-Take Crème & Powder Blush in She's Blushing, $45, *sephora.ca*

Kerry Washington

GET THE LOOK

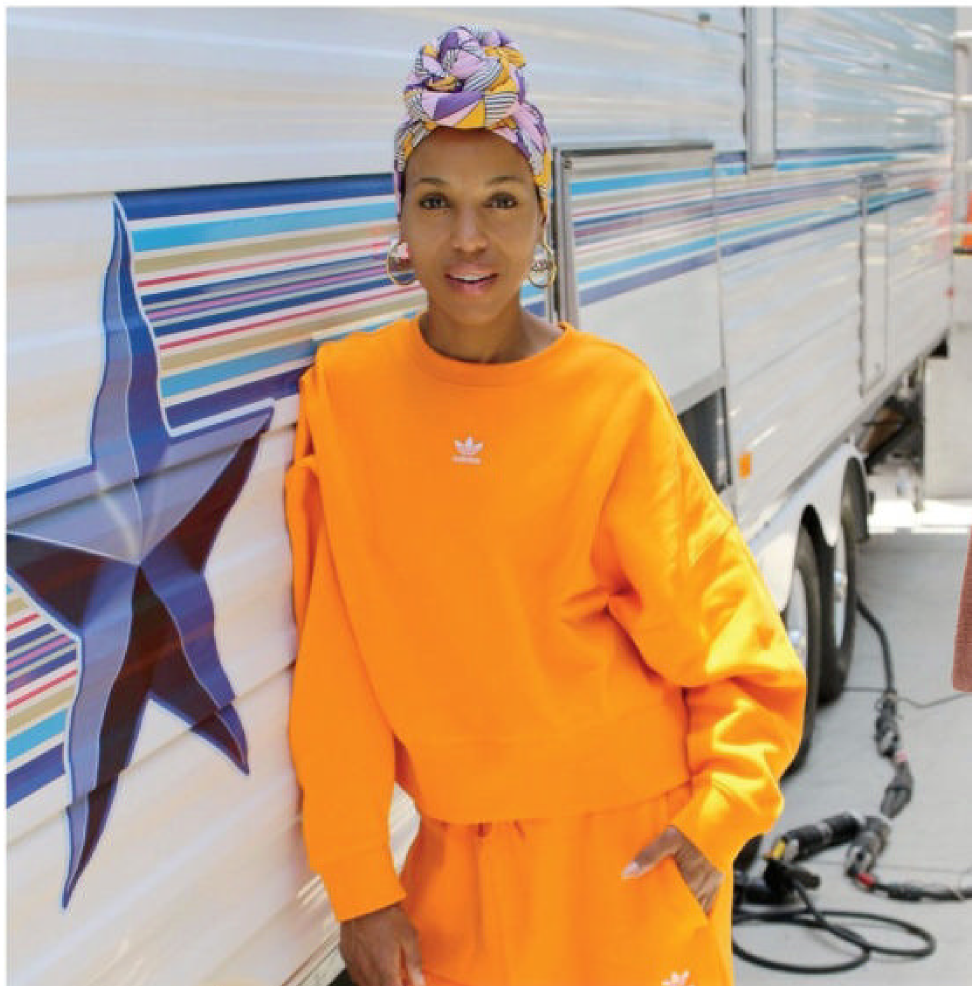
"As soon as I saw Kerry's gorgeous Elie Saab dress, I knew we were going for a chic, classic and elegant look with just a hint of modern flair," said celebrity hairstylist Takisha Sturdivant-Drew of this red-carpet appearance by the *Scandal* actress. To complement Kerry's white off-the-shoulder gown, Takisha pulled her hair up into a high topknot with wispy tendrils, adding a texturizing spray for volume and hair oil to smooth out other areas. Makeup artist Carola Gonzalez, meanwhile, went for a soft, glam look, jumping on the copper bandwagon and using autumnal shades, with a retro cat's eye and fluffy faux lashes to define her eyes, finished off with a glossy nude lip. An Emmy-worthy beauty moment! H

AT YOUR LEISURE

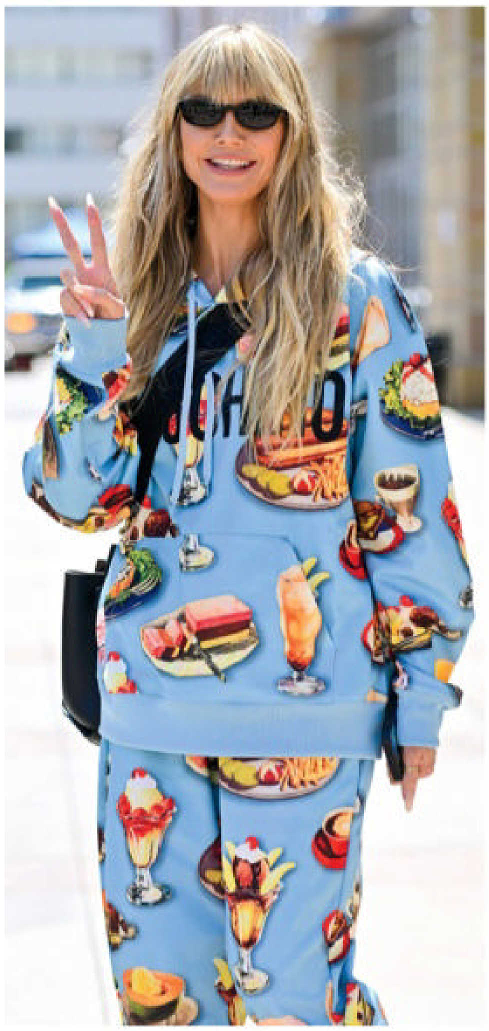
After a non-stop month of holiday exertions, it's time to throw on a sweatsuit, slide into some slippers and put your phone on Do Not Disturb

Baby, it's cold outside. It's also dark. So you'd be forgiven if your January to-do list has just one item: binge-watching the season's hottest TV shows!

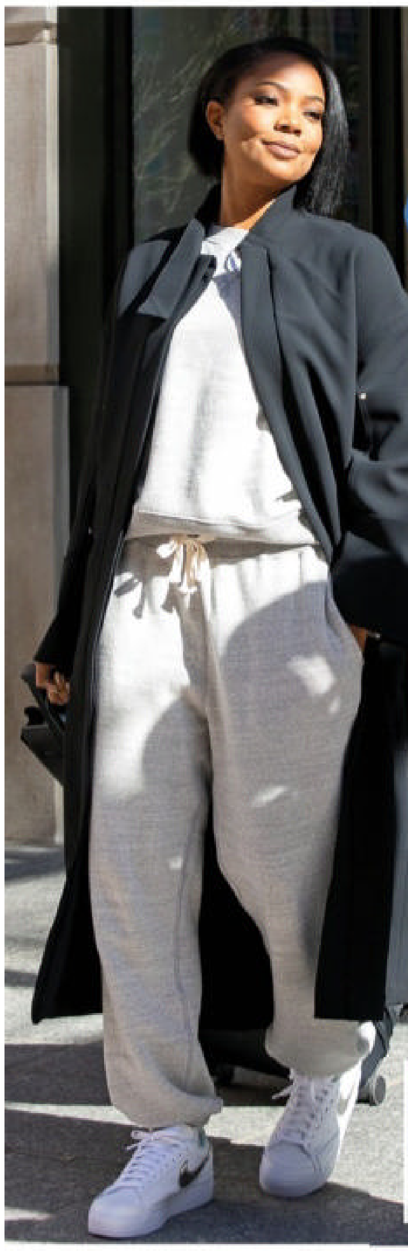
When it comes to hibernating, there's no better ensemble than a matching sweatshirt and joggers – they're as comfy as pyjamas and yet socially acceptable at the grocery store. Inside, pair sweats with plush slippers or reading socks. When you must venture outdoors, add a sleek coat and sneakers à la Gabrielle Union, classic sunnies and a crossbody bag like Heidi Klum or a head wrap and statement earrings as seen on Kerry Washington. Magically, your lounge-about-home look becomes a bona fide outfit! H



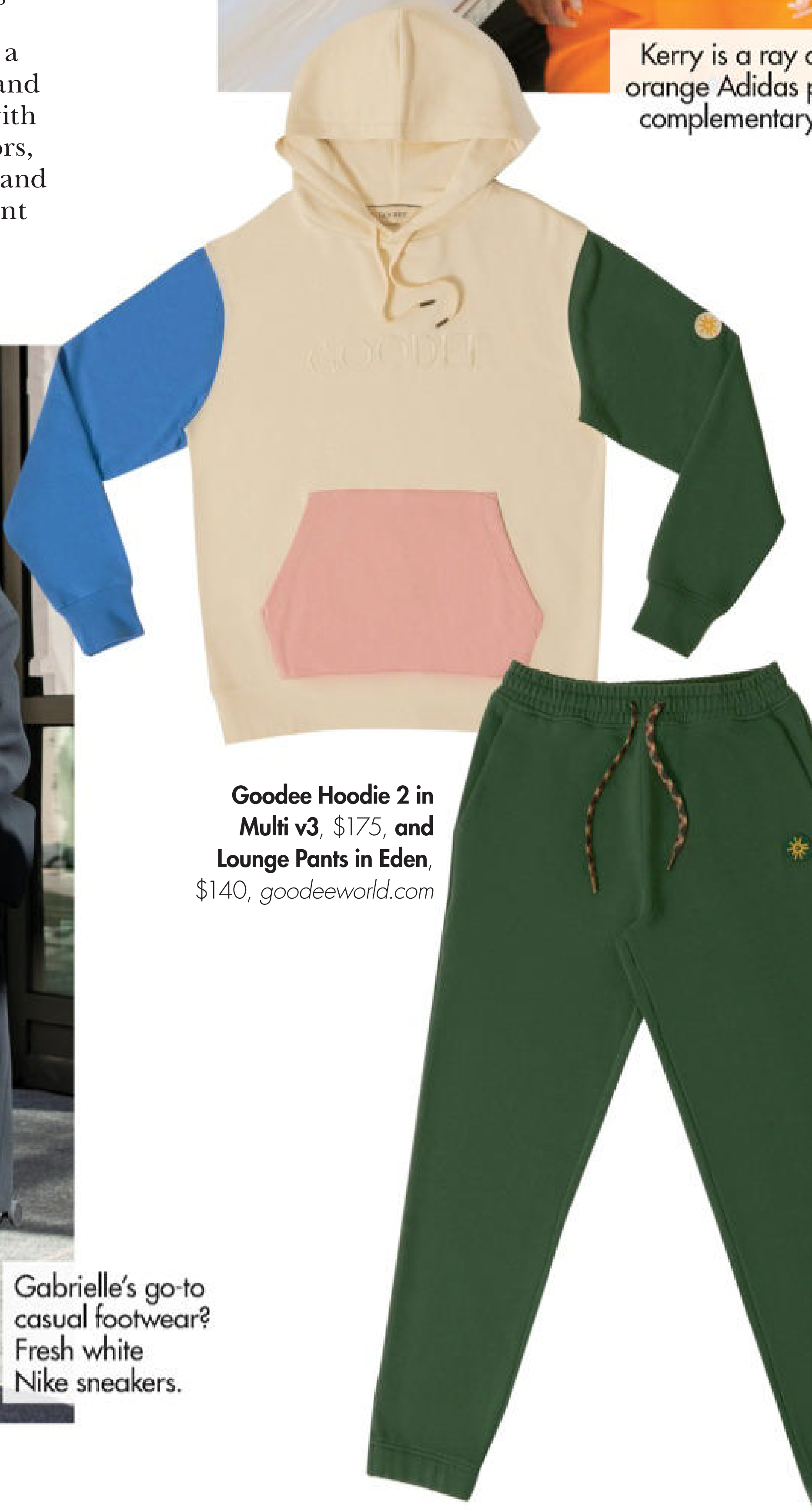
Kerry is a ray of sunshine in orange Adidas paired with a complementary head wrap.



Known for having fun with fashion, *America's Got Talent* judge Heidi (above) heads to work in a Moschino sweatsuit covered in ice cream sundaes, hot dogs and french fries.



Gabrielle's go-to casual footwear? Fresh white Nike sneakers.



Goodee Hoodie 2 in Multi v3, $175, **and Lounge Pants in Eden**, $140, *goodeeworld.com*

FROM LEFT: MEGA/GETTY IMAGES (2); KERRY WASHINGTON/INSTAGRAM

Cozzzy Crew Top and Track Pant in Rosewood, $74 each, *knix.ca*

STYLE TIP

No one likes icy toes! Keep your feet warm with cozy socks, slippers or sandals fashioned from hand-felted wool or faux fur.

The Classic Slipper in Steel Blue with Leather, $99, *betterfelt.ca*

Wool Dwellers in Natural White Fluffs, $95, *allbirds.ca*

UGG Fluff Yeah Faux Fur Slingback Sandal in Black, $125, *nordstrom.ca*

Chromatic Mid-Rise Reading Socks in Pink, $30, *indigo.ca*

Gemma Slipper FW22 in Sunflower, $90, *vionicshoes.ca*

MWL Brushed Rib Cropped Cardigan Sweater, $101, **and Flare Leggings**, $107, **in Single Dye Dusk Peri**, *madewell.com*

Luxe Lounge Turtleneck Sweater, $158, **and Wide Pant**, $198, **in Oatmeal Mix**, *roots.com*

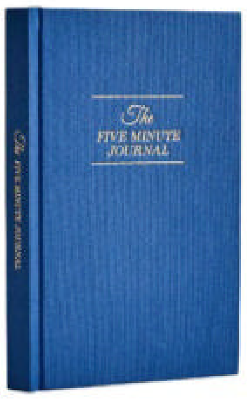
Tie Dye Sweatshirt, $46, **and Jogger Pants**, $40, **in Grays**, *zara.com*

Sweet DREAMS

As you ring in the new year with a list of resolutions, now's the time to reset your sleep cycle and catch some quality zzzs **By Kaysey Davis**

Bookhou x This Is J Henley Harem Set in Black and White, $172, *thisisj.com*

Philips SmartSleep Wake-Up Light, $140, *walmart.ca*



***The Five Minute Journal* in Royal Blue**, $32, *indigo.ca*

SuperSoft Sheets in Oatmilk, from $139, *casper.com*

The Body Shop Sleep Balmy Body Cream, $32, *thebodyshop.com*

A good night's rest can work wonders for your mind, body and mood, but getting enough sleep is easier said than done. With busy days spent shuffling between work, parenting, personal commitments and friends, sometimes there aren't enough hours in the day to get the optimal number of winks.

Experts recommend seven to nine hours of sleep each night for most people, but roughly one in four adults isn't hitting that benchmark. In fact, many of us have a deficit of one to two hours a day, creating a "sleep debt," explains Alanna McGinn, the Toronto-based founder of Good Night Sleep Site. "It's like bank debt. We all have a personal amount of sleep that our body needs every night to remain well rested. When we're not getting that, we build a sleep debt."

Catching up on those hours over the weekend might make up for the odd late night or bad night of sleep, but it's harder for your body to bounce back when you've lost out on shut-eye throughout the week. In other words, you can't cheat the sleep bank.

QUALITY MATTERS

The secret to waking up on the right side of the bed isn't just about quantity of sleep; it's about quality, too. In reality, your body needs time to repair and recharge each night. A balanced diet and regular exercise, often touted as the keys to healthy living, make up only half of the equation. Think of your overall health as four pillars: nutrition, movement, connection and sleep. Poor sleep directly affects other areas of your well-being, such as food choices, energy, mood and even your relationships with others.

NOCTURNAL DISORDERS

"Insomnia is one of the leading sleep disorders among adults," says Alanna. But there's a difference between a night of tossing and turning and actually having difficulty falling asleep or getting back to sleep. There are two types of insomnia: acute and chronic. The former is more common and temporary and can be brought on by stress or hormonal shifts in the body, such as pregnancy and menopause. Chronic insomnia, on the other hand, can last for months or even years. Both types can make sleep feel like a distant dream and, according to Alanna, your sleep environment could be part of the problem. "We're weakening the association between our bedrooms and sleep," she says.

SLEEP HYGIENE

If your bedroom became a multi-purpose room during the pandemic, blurring the lines between working, living and sleeping spaces, you may have inadvertently caused what Alanna calls "poor sleep hygiene." The same can be said about wearing your pyjamas while working remotely or using your phone or tablet right before you go to sleep. "When we do things in bed that aren't sleeping, it makes it harder to fall asleep in bed," she says. The solution, then, is to make a clear distinction between where you sleep and where you live. It's also important to follow a bedtime routine.

With the start of the new year, Alanna encourages an audit of your sleep space to create the right ambience for slumber. It can be as simple as removing tech from your bedroom or swapping out standard linens for cozy flannels.

BEDTIME STRATEGY

If you're wondering about the ideal time to hit the hay, it should be based on when you want to wake up in the morning and when you actually feel tired. Give yourself at least an hour before bed and break it down into three 20-minute increments. Dedicate the first portion to things that will help you prepare for the next day, like packing a lunch, putting your clothes out for the day ahead or writing a to-do list. The second block of time should go toward getting ready for bed (pyjamas, shower and skin care). For the last 20 minutes, engage in a relaxing activity like journalling, meditating or reading.

RISE & SHINE

Your bedtime routine is important, but so is the first thing you do in the morning. "The goal from the moment we wake up is to build enough drive to fall asleep at night," says Alanna. That means waking up at the same time, even on weekends, working out for at least 30 minutes a day and getting lots of sunlight. A natural-light simulator alarm clock works well, especially on winter mornings, when there isn't a lot of sunshine.

NAPTIME

If you feel like taking a nap, there's a right way and a wrong way to do so. A quick power nap should only last 15 to 20 minutes. Or, you can nap for 90 to 110 minutes, which is a full cycle of sleep. The time between 20 and 90 minutes is your deepest state of sleep, and waking up at this stage can make you feel groggy, grumpy and even more tired. H

MARIA KORNEEVA/GETTY IMAGES

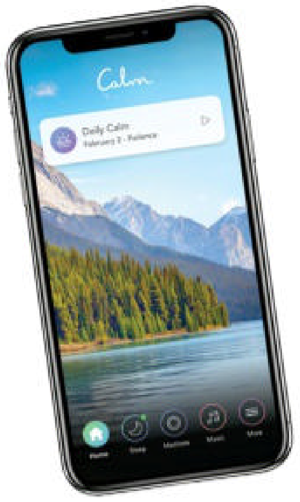
Sleep Sense

Dream up the perfect sleep scenario by investing in a few products that soothe your senses

SIGHT

Contour Sleep Mask in Black, $77, *slipsilkpillowcase.ca*

A chic mask will instantly transform your bedroom into a dark cave. Plus, 100 per cent mulberry silk means that sleep lines and bed-head will only happen in your worst nightmares.



SOUND

Calm App, *calm.com*

This sleep app boasts an impressive collection of guided meditations, breathing exercises, white noise and bedtime stories told by famous voices such as Kate Winslet, Laura Dern and Matthew McConaughey.

SMELL

Sleep Essential Oil Blend, $32, **and Stone Essential Oil Diffuser in Lavender**, $123, *vitruvi.ca*

Fill your space with a dreamy blend of lavender, ylang-ylang, camomile and vetiver essential oils. Bonus: The diffuser doubles as modern décor!

VITRUVI
SLEEP
ESSENTIAL OIL BLEND
VITRUVI

Moon Juice
MAGNESI-OM

TASTE

Moon Juice Magnesi-Om, $58, *sephora.ca*

The perfect choice for a nightcap, this magnesium-powered powder helps relax the body and alleviate stress.

TOUCH

Hand Knitted Weighted Blanket in Ginger, from $180, *silkandsnow.com*

Available in many colours, this weighted blanket uses pressure therapy to recreate the safe feeling of being hugged.

EMBRACE

GREEN LIGHT

Breathe new life into your boudoir with wood accents, gilded lighting and shades of green on walls, carpets and bedding. It will give a "one with nature" feel to even the most modern space.

JESSICA CHASTAIN

Hand Quilted Velvet Throw in Dark Olive/Natural, $525, *ca.toa.st*

Baltic Club California Pelican Art Print in Orange, $40, *simons.ca*

Gemma Pendant Lamp in Brass, $249, *article.com*

Cesta Pillow by Justina Blakeney x Loloi in Green, from $136, *jungalow.com*

Tassio One-Drawer Nightstand with Open Storage Space in Nordik Oak, $105, *southshorefurniture.com*

Beachcrest Home Kynlee Area Rug in Dark Green, from $95, *wayfair.ca*

Rio White Leather and Wood Queen Bed in White, $2,499, *crateandbarrel.ca*

CASHMERE KUSH
Boy Smells

Boy Smells Cashmere Kush Magnum Scented Candle, $120, *thebay.com*

FROM LEFT: EMMA MCINTYRE/GETTY IMAGES; CRATE & BARREL; POTTERY BARN; DANIELE VENTURELLI/GETTY IMAGES

COZY SEASON

Bring on the spiced scents, plush throws and earthy tones. These décor accents set the mood for warm and snug winter days at home

West Coast Rug in Vanilla, $1,050, *sundays-company.ca*

Quinten Task Lamp in Brass/White, $269, *westelm.ca*

Orson Pillow in Celadon, $93, *tonicliving.ca*

A Bookstand in Clear, $130, *assouline.com*

Mosslanda Picture Ledge in White, $15, *ikea.ca*

Sansevieria Laurentii, from $27, *fleurliving.com*

MAKE IT WORK

If you work from home, you likely spend most of your day in your office, which means it should be one of the most comfortable places in your abode. Aside from an ergonomic setup, your workspace deserves warmth from throw pillows and textured rugs – and don't forget plants to freshen the mood. ►

Pebble Pull Up Table in Grey, $1,365, *elte.com*

Cayman 50" Rotating L-Shaped Desk, $1,322, *potterybarn.ca*

EVA LONGORIA

WARM WELCOME

No closet? No problem. Your entryway can still be welcoming *and* functional. Use smart storage items that double as comfy pieces of furniture, like a cushioned storage bench where guests can sit and take off layers before tossing them onto a stylish set of wall-mounted hooks.

Lanna Sheepskin Throw in Ivory, from $99, *article.com*

Set of 3 Rattan Hooks in Natural, $33, *bouclair.com*

Lane Wall Lamp by ENOstudio in Grey Marble, $531, *themodernshop.com*

ZOE SALDANA

Large Rubber Tree in Eco Ribbed Pot in Soft White with Stand, $195, *foli.ca*

Big Seagrass Pouf in Brown, $495, *livom.ca*

Jute Rug in Natural, $499, *zara.com*

Wool-Blend Cushion Cover in Light Beige/White, $50, *hm.com*

Catch-All Large Storage Bench in Sand, $1,099, *cb2.ca*

FROM LEFT: STEPHANE CARDINALE/GETTY IMAGES; CB2; IKEA; JAMIE MCCARTHY/GETTY IMAGES

J'ai Soif Carafe & Glass in Smoke, $122, *us.maisonbalzac.com*

SOJA & CO.
DIFFUSEUR À ROSEAUX
REED DIFFUSER

Ginger + Candied Orange Zest Reed Diffuser, $28, *sojaco.ca*

Torared Pendant Lamp Shade in Sedge/Handmade, $40, *ikea.ca*

Safavieh Adrianna Ecru Birchwood Cotton Slipcover Chair (Set of 2) in Beige, $619, *homedepot.ca*

REESE WITHERSPOON

EAT, DRINK & BE COZY

Now that entertaining is back on the menu, it's time to refresh your seasonal décor. Give guests a "wow" moment with a chic tablescape that combines rustic and luxe elements. Woven placemats, candles and dried flowers bring on delightfully homey vibes, while slipcovered chairs and simple cabinetry keep the space from feeling cluttered.

Sorcha Cabinet in Black, $3,729, *modernkomfort.ca*

Hargrove Expandable Dining Table in Dune, from $1,799, *westelm.ca*

Ecarpetgallery Heriz Medallion Area Rug in Copper, from $178, *thebay.com*

Dried Lagurus Bunch by Ashland, $17, *canada.michaels.com*

Hurricane Fiona
Canada Appeal

Your donation will help people in and around affected areas as quickly as possible and provide humanitarian assistance for new needs as they arise. Thank you for your generosity.

Donate at **redcross.ca**

The Government of Canada will match donations made to the Hurricane Fiona in Canada Appeal by Canadians and corporations up to **October 23, 2022.**

Canadian
Red Cross

A healthy start

These delicious and nutritious recipes will help you kick off the New Year eating right and feeling great!

TIP
As this soup sits in the fridge, it will thicken from all the starch in the white beans. You can always add a splash of water or broth to thin it before reheating.

CREAMY WHITE BEAN, ARTICHOKE AND KALE SOUP

Serves **5**

INGREDIENTS

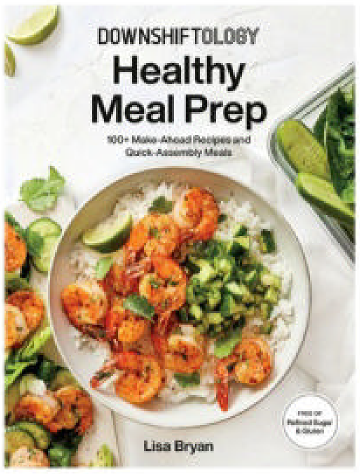
- 2 tbsp extra-virgin olive oil
- 1 medium yellow onion, diced
- 2 celery ribs, diced
- 2 medium carrots, diced
- 4 cloves garlic, minced
- ½ tsp dried thyme
- ½ tsp dried oregano
- ¼ tsp crushed red pepper flakes, or more to taste
- 5 cups low-sodium vegetable broth
- 2 (15.5 oz) cans white beans, such as cannellini, great northern or navy, drained and rinsed
- 1 tsp kosher salt
- ½ tsp freshly ground black pepper
- 1 (14 oz) can artichoke hearts, drained and roughly chopped
- 3 cups packed roughly chopped kale leaves (from about 1 bunch)
- 3 tbsp lemon juice (from about 1 lemon)
- 2 tbsp roughly chopped fresh parsley
- grated Parmesan for garnish (optional)

1. In a large pot, heat the oil over medium heat. Add the onion, celery and carrots and stir for 4 to 5 minutes, until softened. Add the garlic, thyme, oregano and red pepper flakes and stir for an additional 30 seconds.

2. Pour in the broth and add the white beans, salt and pepper. Bring the soup to a boil. Add a few ladles of the soup to a blender or food processor and, using caution, blend until creamy, then pour it back into the pot. You can also use an immersion blender to purée some of the soup until creamy.

3. Add the artichoke hearts and kale. Stir together for a couple of minutes, until the kale is slightly wilted. Stir in the lemon juice and parsley. Add salt and pepper to taste. If you'd like, garnish with fresh Parmesan before serving. ►

STORAGE TIP
Break down the chicken, then store in an airtight container in the fridge for 3 to 4 days, or in the freezer for up to 3 months.


DOWNSHIFTOLOGY
Healthy Meal Prep
100+ Make-Ahead Recipes and Quick-Assembly Meals
Lisa Bryan

NEW YEAR, NEW FOOD PHILOSOPHY

Food blogger and YouTube sensation Lisa Bryan brings together 100-plus simple, quick and healthy recipes in *Downshiftology: Healthy Meal Prep.* And the focus on big-batch cooking means you'll spend less time in the kitchen and have more food on hand all year long.

TWO WHOLE ROASTED CHICKENS WITH FENNEL, PEAR AND ONION

Serves **12**

INGREDIENTS

- 2 Anjou or Bosc pears, cut into wedges and seeds removed
- 1 medium yellow onion, cut into wedges
- 1 large fennel bulb, leaves removed, cored and cut into wedges
- 3 lemons, quartered
- 8 thyme sprigs
- 3 tbsp extra-virgin olive oil
- 3½ tsp kosher salt
- 1¾ tsp freshly ground black pepper
- 2 whole chickens (5 lb each), giblets removed
- 1 head garlic, cut in half crosswise

1. Preheat the oven to 425° F and place a rack in the lower third of the oven.
2. Place the pears, onion, fennel, 8 of the lemon quarters and 4 of the thyme sprigs in a large roasting pan. Drizzle with 1 tbsp of the oil and season with ½ tsp of the salt and ¼ tsp of the pepper, then toss together.
3. Pat the chickens dry with paper towels. Rub 1 tbsp oil each on the outside of the chickens. Season each chicken with 1 tsp salt and ½ tsp pepper and the inside with ½ tsp salt and ¼ tsp pepper. Then stuff each chicken with 2 lemon quarters, the garlic and 2 sprigs of thyme.
4. Place the chicken on top of the pears and vegetables, breast side up, and tuck the wings under. Tie the legs together with kitchen twine (you can also leave them untied if you wish).
5. Roast the chicken for 1¾ to 2 hours, or until an instant-read thermometer reads 160° F at the thickest part of the breast (the juices should run clear when you cut between a leg and thigh). Let rest for 15 minutes, then slice and serve.

DOWNSHIFTOLOGY: HEALTHY MEAL PREP COPYRIGHT © 2022 BY LISA BRYAN, LLC. PHOTOGRAPHS COPYRIGHT © 2022 BY REN FULLER. PUBLISHED BY CLARKSON POTTER, AN IMPRINT OF RANDOM HOUSE.

ROASTED GREEN BEANS ALMONDINE

Serves **4**

INGREDIENTS
- 1 lb French haricots verts, trimmed
- 4 garlic cloves, minced
- ⅓ cup sliced almonds
- 2 tbsp olive oil
- ½ tsp kosher salt
- ¼ tsp freshly ground black pepper

1. Preheat the oven to 425° F. In a medium bowl, toss the green beans with the garlic, sliced almonds, oil, salt and pepper.

2. Spread the green beans out onto a rimmed baking sheet and bake for 15 to 18 minutes, stirring once, until the beans are softened and slightly blistered.

STORAGE
Store in an airtight container in the fridge for 4 to 5 days, or in the freezer for up to 3 months.

TO REHEAT
If frozen, thaw in the fridge overnight. Quickly sauté in a pan over medium-high heat or reheat in the microwave for 30 to 45 seconds, until warmed through.

BANANA BERRY NICE CREAM

Serves **4**

INGREDIENTS
- 3 large ripe bananas, sliced and frozen
- 1½ cups frozen mixed berries
- ¼ cup almond milk or other non-dairy milk
- 1 tsp vanilla extract

In a high-powered blender on high speed, blend the frozen banana slices, berries, milk and vanilla for 1 minute, or until smooth. If your blender has a tamper, use that (see Helpful Tips, below). The nice cream will be a soft texture at this stage and you can serve immediately, but if you'd like it firmer, place in a storage container and freeze for 1 to 2 hours.

STORAGE
Store in an airtight container in the freezer for up to 3 months. Once frozen, the berry nice cream will be quite hard. Let it thaw on the counter for 25 to 30 minutes before scooping and serving.

HELPFUL TIPS
Remember that you need a certain amount of ingredients in a high-powered blender to properly blend with the tamper, so if you want to reduce the quantity of this recipe, I recommend using a food processor instead. Nice cream, by definition, doesn't usually include a sweetener. But if you want to add maple syrup, by all means go ahead.

Exclusive

NICOLAS CAGE
FAMILY MAN

The legendary actor talks about life in the Coppola clan, going to high school in Hollywood and what it means to 'love being in love'

When Nicolas Cage and his wife, Riko Shibata, 27, welcomed their baby girl, August Francesca, in September, the *National Treasure* star was more than ready to embrace the joys of parenting. Recalling the days when his grown sons Weston, 32, and Kal-El, 17, were young, he told talk-show host James Corden, "I miss going to the toy store. I miss singing lullabies. I miss the way they discover something for the first time."

Nicolas, 58, also relishes the joy of discovery in the form of the characters he plays. The new year sees him take the lead role in *The Old Way*, playing a gunslinger and father who's out for revenge.

Here, the nephew of directing legend Francis Ford Coppola opens up about being an "eternal romantic," getting acting advice from Sean Connery and why he won't be leaving Las Vegas any time soon.

'I always had an affinity for Emily Brontë's hero in *Wuthering Heights.* I felt like that romantic ruffian Heathcliff'

What was it like growing up in Hollywood, especially being part of the famous Coppola family? When I was at Beverly Hills High, I lived in an apartment with my father, Augie [Francis's brother], which was nothing fancy. I was kind of an outsider in school, not a rich kid. Maybe that actually worked for me, as I think people thought I was eccentric and maybe that made me more interesting.

Your cousins Roman and Sofia, who are well-known directors, kept the last name Coppola, but you changed yours to Cage. Why? As a Coppola, people would refer to all sorts of quirky things, like

CLOCKWISE FROM LEFT: ALBU/ALAMY; LEON BENNETT/GETTY IMAGES; RICH FURY/GETTY IMAGES; NIKO TAVERNISE/COLUMBIA PICTURES; AMANDA MATLOVICH/NETFLIX; MIRVISH PRODUCTIONS INSTAGRAM; JACKIE BROWN/CBC

Nicolas plays a gunslinger who passes down his skills to his daughter (Ryan Kiera Armstrong) in the western film *The Old Way* (far left). When he's not making movies, the actor spends quality time with wife Riko (above) and their four-month-old baby, August.

quotes from my uncle Francis's movies, like *The Godfather* and *Apocalypse Now*. And I thought I didn't need that. I wanted my own identity.

What kind of characters resonated with you when you were just starting out? In some ways, I always had an affinity for Emily Brontë's hero in *Wuthering Heights*. I felt like that romantic ruffian Heathcliff, looking up and dreaming of the big house that Linton had at the Grange. For me, it was like where my uncle lived in real life. I was in awe of his lifestyle. While we lived in a small house, he had everything.

What was the best acting advice you ever received, and from whom? When Sean Connery and I worked on *The Rock* [in 1996], he gave me some great advice. He said, "You've got to know how to enter a room so that when you do enter, they definitely notice you. Same when you leave, too."

One of your most famous roles was in *Leaving Las Vegas* in 1995 and, since then, you've made Vegas your home. What drew you there? In spite of the lights and the energy of the strip, Vegas has a small-town sense. Setting up there to live around 2006 actually helped save my life. Hollywood can be intense, even when you grow up in it. But in Vegas, I'm able to live under the radar, away from Hollywood and a lot of fair-weather people.

You and Riko tied the knot in Vegas almost two years ago. As someone who's been married five times, what can you tell us about love? I love being in love! When I'm there, I want to give everything I can. I guess I'm an eternal romantic. I feel like I want to spend the rest of time with them each time I'm in love – that's just how I am. H

INTERVIEW: ASHLEY JUDE COLLIE

***The Old Way* opens in theatres on Jan. 6.**

Don't miss this week...

FILM A MAN CALLED OTTO

This feel-good story about a grumpy widower whose life changes for the better when he becomes friends with his young neighbour – a lively and witty pregnant woman – will have you laughing, crying and everything in between. It's a family affair for Tom Hanks, 66, as son Truman, 27 (the youngest of his four children), stars as his younger self, while Truman's mom and Tom's wife, Rita Wilson, co-produces the dramedy.

TV GINNY & GEORGIA

After taking viewers on a rollercoaster ride in 2021, the fan-favourite drama promises even more thrills in season 2. "It's going to be a full package of craziness!" says series star Antonia Gentry (Ginny), whose character must now learn to live with the knowledge that her mother is a murderer. *Jan. 5, Netflix*

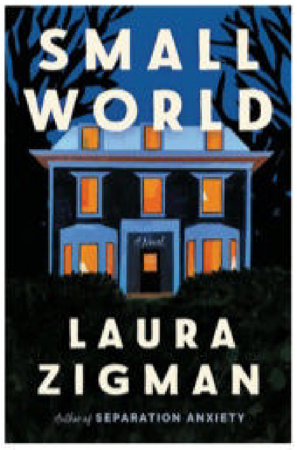
THEATRE HAMILTON

After its original Toronto run was cut short due to the pandemic, *Hamilton* makes its return to Canada. The acclaimed musical, created by Lin-Manuel Miranda, will take the stage at the Princess of Wales Theatre from Feb. 22 to June 11. "We had two entire years without any live theatre in Toronto," says producer David Mirvish, "so to be able to welcome this show back is truly a meaningful announcement."

TV WORKIN' MOMS

Describing the final season of her hit sitcom as a "love letter" to fans as well as to her father, *Ghostbusters* director Ivan (who died last year), Catherine Reitman is ensuring these last episodes go out with a bang. "I didn't take this season lightly," says the actress, 41, who writes, produces and stars in the series. "I think it's our best one." *CBC*

BOOK SMALL WORLD



"Sisters are great... until you move in together as adults," says bestselling author Laura Zigman about the plot of her latest novel, *Small World*. The story revolves around two newly divorced siblings who decide to live together in hopes of strengthening their bond. It may, however, end up having the opposite effect. *Jan. 10*

Hailey Bieber and her Canadian pop star husband, Justin, recently vacationed in Jamaica.

Jamaica

STAR ESCAPES

Thanks to its beaches and mountains, this tropical paradise is brimming with sun, fun and endless views

By Shanda Deziel

EXPLORE

While this Caribbean island is well known for miles of beaches, heading inland can be just as rewarding. Hike or bike the Blue Mountains, taking in quaint villages, numerous waterfalls and lush flora and fauna. Or try one of the island's river excursions: hop on a bamboo raft and enjoy a leisurely guided trip through emerald green waters.

INDULGE

For an even more luxurious on-the-water experience, book a Soma yacht **(1)** and let the crew spoil you with cocktails and tasty treats, with stops for swimming and snorkelling. More pampering awaits at Jamaica Inn's Ocean Spa, where treatments involving local plants and herbs are delivered in beautiful open-air cliffside huts.

1

2

3

TASTE

The oceanside ambience at Delmare, an Italian seafood restaurant in Montego Bay, can't be beat – nor can its mouth-watering octopus dishes. Tuck into the eggplant plantain Parmesan and salt cod croquettes at Summerhouse **(2)** near Ocho Rios, where local celebrity chef sisters Michelle and Suzanne Rousseau (who went to university in Ontario) are trying new and surprising things with classic Jamaican ingredients.

STAY

Lining the walls at Half Moon **(3)** are throwback snaps of the Royal Family from when they stayed at this 400-acre luxury resort, which boasts sprawling oceanfront rooms and family-style homes with private pools. Nestled in the rainforest at the foot of the Blue Mountains, Geejam Hotel offers up breathtaking treetop cabins and is home to one of the island's most prestigious music studios, where Drake, Alicia Keys and many other artists have recorded. H

TRIP TIPS Book VIP service Club Mobay in advance and fast-track through long airport security and customs lines in Montego Bay • Authorized taxis on the island have red-and-white licence plates • The off-season (April to December) is less crowded and less expensive but just as welcoming

What To Pack

Freedom Moses Two-Band Slides in Angie, $70, releveclothing.com

Dahlia One-Piece in Avocado/Black, $324, tanyataylor.com

Black Girl Sunscreen SPF 30, $25, formulafig.com

CLOCKWISE FROM TOP: VOLKER SCHLICHTING/GETTY IMAGES; SOMA YACHTS/INSTAGRAM; SUMMERHOUSE/INSTAGRAM; HALF MOON/INSTAGRAM; AMY SUSSMAN/KCA2021/GETTY IMAGES

always discreet
100% PROTECTION
RapidDry CORE
6 Extra Heavy
For bladder leaks
Très abondant
33 PADS SERVIETTES

“it is so comfortable and it feels like it’s barely there”

-Kate

6 drop regular pads. 3.5 oz of liquid.

always discreet

This is the bladder leak protection we deserve

©2022 P&G

'Kimchee was your best friend, that guy from high school, your cousin growing up'

Andrew Phung

The star of *Kim's Convenience* and *Run the Burbs* gets real about bonding with fans, being a 'cheesy dad' and meeting the love of his life **By Shanda Deziel**

Andrew Phung can't believe how surreal his life has become. Ever since he played Kimchee on the hit CBC sitcom *Kim's Convenience*, the actor can't walk down the street without getting noticed. "My hair is pretty recognizable, my voice, my sneakers," explains Andrew, who now has his own show, *Run the Burbs* (currently in its second season). "I always offer, 'Do you want a selfie?' And if they say they watched the show with their mom, then I'll get the mom's name and record a video."

The Calgary native is a family man through and through, telling stories about his supportive parents, who immigrated from Vietnam, and sharing photos of his wife, Tamara Sharpe, and their two boys, Nico, 8, and five-year-old Mateo **(1)**. "I love being a cheesy dad," Andrew confides with a smile. "Having kids can be rough some days, I don't deny that. But sometimes we forget how wonderful parenting is, and I just wanted to reflect that on the screen."

Here, the comedic star chats with *Hello!* about his TV roles, Toronto traffic and how he and Tamara first met.

FAN FAVOURITE

Kimchee **(2)** was your best friend, that guy from high school, your cousin growing up. Playing that character made me realize what I enjoyed most about acting, and it was making people laugh. That's what I've wanted to do ever since.

MEET THE NEIGHBOURS

With *Run the Burbs* **(3)**, people are saying things like, "It's so relatable," "That's my family," and that they've gone through things that happened to our characters, like trying to get their kids into popular day camps. That's what we wanted: that you're able to connect with us, however your family or social circle looks.

SAX APPEAL

I play the saxophone terribly, which was unleashed when I competed on *Last One Laughing Canada*. That's an instrument I played in high school and tried to pick up again during COVID. Turns out, it's way harder than I remember!

CONFESSIONS OF A SHOEAHOLIC

I started collecting sneakers because I didn't drink alcohol. In my young adult years, whenever I travelled with my friends and they had a night out at a bar, I would go out and get a pair of sneakers. And it became a thing, like these are my Seattle sneakers, these are my Vancouver sneakers...

LOVE AT THE CLUB

My wife and I met at a nightclub in Calgary in our 20s and we've grown up together. She's such a genuinely happy person. I think the secret to our success is that we don't do the same job – she's a teacher. We're always saying to each other, "How do you do that?" We have this mutual appreciation. And we still act like we're kids at a nightclub, just enjoying life.

COMEDIANS IN CARS

I love Toronto. I love the people. I love the diversity. But I obviously don't love the traffic. A friend in Calgary said something about the traffic there and I'm like, "Don't you ever complain! You waited four minutes to get to your turnoff. Oh, OK, poor you. I waited four minutes to pull out of my driveway."

KIDS, DON'T TRY THIS AT HOME

One time, my parents visited me in Toronto and they brought a ladder on the plane [from Calgary]. I asked, "How did you get a ladder on a plane?" And my mom said, "That's OK, they know me." And I'm like, "Um, who knows you?" Of course, we turned that into a joke on the show.

MY McPASSION

I have a deep love of McPizza and want them to bring it back. My kids were asking, "Why is it so good?" I said, "It's probably only this good in my mind." No matter what, the food you ate when you were a kid is always better. H

CLOCKWISE FROM LEFT: CBC; ANDREW PHUNG/INSTAGRAM; CBC; JACKIE BROWN/CBC

HELLO!
CANADA

Don’t miss a moment with your favourite royals

GET 1 YEAR – 26 ISSUES – JUST $3.99 AN ISSUE

GET ALL THE LATEST **ROYAL NEWS**
INSPIRATIONAL **FASHION & BEAUTY**
EXCLUSIVE **CELEBRITY INTERVIEWS**
HOME DÉCOR MUST HAVES

And more in every issue

SUBSCRIBE NOW!
SAVE 56%

Order online
hellomagazine.ca/subscribe

TREES FOR LIFE

Plant a tree. Thank a hero.

First responders. Nurses. Frontline workers. We're honouring the sacrifices of those who serve us by planting trees in their names. Together, we can help plant living tributes to the people who matter. Donate today at **treesforlife.ca.**